UNITED STATES SECRET SERVICE UNIFORM DIVISION

Manual : Administrative RO : AOD

Section: ADM0207)
Date: 08/23/96.

MEDICAL/PHYSICAL MAINTENANCE STANDARDS - EMPLOYEES

Each specific medical/physical requirement for incumbents is preceded by three categories: "Affects," "Requirement." and "Area."

The "Affects" category will denote which incumbent position is subject to the particular standard and includes: SA, UD, SO, PSS, PST, OST, or ALL.

The "Requirement" category will be annotated as A,B,C, or D.

"A" indicates the requirement must be acceptable.

"B" indicates the condition may be acceptable as long as certain additional conditions are met.

"C" indicates that the condition may require employee involvement in remediation to correct the condition.

"D" indicates further evaluation and/or treatment is required to determine acceptability. Reassignment and/or other personnel action may be warranted.

The "Area" category is merely a numerical identifier for each standard which correlates to the numbering system on the USSS medical examination forms. Each number is preceded by the letter "M" denoting it is a maintenance standard for incumbent employees.

Eyes and Vision

General

The occupational significance of this area, at a general level, concerns the ability to see and to be free of visual problems. Any condition which may interfere with acuity or put the eye at risk would require an individual to undergo further review and/or screening.

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| | Requirements | Area | |
|---|-------------------|------------------|--|
| ALL | \mathcal{F}_{i} | MO1 Vines. | |
| | | WID I VISUAL | ACUITY - DISTANT VISION must be 20/20 (Snellen |
| | • | in each | eye (monocular) corrected. Employees not having |
| | | | |
| | | EVEDIASS | the or name (Oriential) milet was |
| • | | · VISION TO | 20/20 yours . This of bull to both the service is |
| | | lenses al | 20/20 (Snellen). It is recommended that eyeglass |
| | | Standard | 20/20 (Shellen). It is recommended that eyeglass nd frames worn while on duty, should conform to ANS 287.1-1989. |
| ALL A. | • • • | MOD MOULE | |
| | • | WIUZ VISUAL A | ACUITY - NEAR VISION BUST has all |
| AY . | * | corrected | ACUITY - NEAR VISION must be at least 20/40 (Jaeger type 2 at 14 inches) |
| ALL A | | ` | ",OHE3) |
| | | MINDS VISUAL A | CUITY - COLOR VISION THE |
| | | demonstra | CUITY - COLOR VISION must be sufficient to ite normal color vision corrected or uncorrected. |
| ALL A. | • • • | *.* | CONTROL CONTROL OF THE CALL |
| | • | WICH VISUAL AL | |
| | | normal ste | reo-depth perception with or without correction (60%) the Shepard-Fry conversion score; or Fo |
| 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - 2 - | | or better or | the Shepard-Fry convenient without correction (60% |
| | | of arc, stere | the Shepard-Fry conversion score; or 50 seconds |
| ALL A | | MOS | |
| | | MIND VISUAL AC | UITY - PERIPHERAL VISION |
| ALL B. | | Man | UITY - PERIPHERAL VISION must be normal. |
| | | MINUS GLAUCOM | Asia Asaa |
| in the second | | met the con | A is ACCEPTABLE if the following conditions are |
| | | is not impair | dition is being treated and controlled; visual acuity |
| ALL B. | | | |
| | | WILL STRABISML | IS is ACCEPTABLE provided |
| | * | affected. | IS is ACCEPTABLE provided visual acuity is not |
| ALL D. | | | |
| | N | CURRENT C | ATARACTS that affect acuity significantly are |
| | | NOT ACCEP | TABLE. If the individual - |
| | | scalldards foll | Owing sures " Theels Visual actifiv |
| | , | ACCEPTABLE | E. Condition is |
| ALL D. | 4.4 | | |
| | M | US PROLIFERAT | IVE RETINORATHY IS NOT |
| | | to the possibili | IVE RETINOPATHY is NOT ACCEPTABLE due |
| VLL D. | | | |
| | M. | IU NYSTAGMUS | or any disorder of extra ocular movement that |
| | | interferes signi | ficantly with vision in 1100 |
| LL D. | | | |
| | M1 | I MUNOCULAR | VISION |
| | | injury is NOT A | VISION from missing eye due to disease or CCEPTABLE. |
| L D. | • • | | |
| | M1: | 2 BLINDNESS is | NOT ACCEPTABLE. |
| L D. | | | - AOUENIABLE. |
| - • | M13 | RETINAL DETA | CHMENT IS NOT ACCEPTABLE. |
| | | | O. WILLING IS NOT ACCEPTABLE. |
| | | • | |

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ALL D. M14 PAPILLEDEMA IS NOT ACCEPTABLE.

ALL D. M15 VISUAL TUMOR DISORDERS are NOT ACCEPTABLE.

Ears and Hearing

General

The occupational significance of this area, at a general level, concerns the ability to hear and maintain body equilibrium. Any condition which may significantly interfere with hearing and inner ear equilibrium would require an individual to undergo further review and/or screening.

| A | ffects | Requirements | Are | |
|-----|--------------|--------------|-------------|---|
| . A | LL | A. | MO1 | ABILITY TO HEAR is ACCEPTABLE if the individual can hear |
|) | | • | 19 . | at the following levels: using an audiometer there should be no loss greater than 25 decibels at the 500, 1000, and 2000 Hz level in both ears. |
| ΑL | <u></u> | A. | M02 | permanent loss in either ear bound 25 distinction |
| | : : | | 4 | 1000, or 2000 Hz level. Individual evaluation will be necessary to ascertain hearing loss effect upon job performance capability. |
| AL | L | В. | МОЗ | PERFORATED TYMPANIC MEMBRANE is ACCEPTABLE as |
| | | | | long as working conditions would not require immersion of the head in water. |
| ALI | - | D. | M04 | OTITIS MEDIA, OTITIS EXTERNAL, and MASTOIDITIS may |
| | | 18.4 | | NOT BE ACCEPTABLE. Individual evaluation is necessary to ascertain if hearing is adversely affected by working conditions. |
| ALL | | D. | M05 | ANY INNER/MIDDLE/or OUTER ÉAR DISORDER AFFECTING EQUILIBRIUM IS NOT ACCEPTABLE. |

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Nose, Mouth, Throat

General

The occupational significance of this area, at a general level, is that distinct speech, odor detection, and free breathing is required. Any disorder that affects the structure and function of the nose, mouth, and throat for communication and breathing purposes would require the individual to undergo further review

| Affects | Requirements Area |
|-------------------------------|---|
| ALL | D. M01 PERMANENT LOSS SENSE OF SMELL is NOT ACCEPTABLE. Individual evaluation is necessary to ascertain impact on specific job functions. |
| ALL | B. M02 RHINITIS is ACCEPTABLE. Individual evaluation may be necessary to ascertain if medication may pose job performance problems (i.e., repeated exposure to corrosive materials). |
| | B. M03 SPEECH DEFECTS are ACCEPTABLE provided communication requirements of positions are met. Individual evaluation may be necessary to insure communication is |
| | D. M04 ABNORMALITIES OF NOSE, THROAT, MOUTH that interfere with breathing may NOT BE ACCEPTABLE. Individual evaluation is necessary to determine the extent that job performance capability is decreased. |
| SA, UD, SO PST PSS, OST | M05 PERFORATION OF NASAL SEPTUM is ACCEPTABLE for those positions not requiring work around fumes |
| ΔΠ | M06 PERFORATION OF NASAL SEPTUM is NOT ACCEPTABLE for these positions. |
| Δ11 | PREVENT NASAL RESPIRATION ARE NOT ACCEPTABLE |
| urr D | M08 DEFORMITIES interfering with the fitting of a gas mask are NOT ACCEPTABLE. |

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Peripheral Vascular System

General

The occupational significance of this area, at a general level, concerns the efficiency of the vascular system for maintaining adequate blood flow. Any condition which may interfere with the peripheral vascular system's normal functioning may require the individual to undergo further review and/or screening.

Specific Requirements

| Affect | s · | Requirement | Area | |
|--------|-------|--|------|--|
| ALL | | A. | M01 | RESTING BLOOD PRESSURE uncontrolled below 145 mmHg systolic and 95 mmHg diastolic is ACCEPTABLE. |
| ALL | | B. (1) (1) (1) (1) (1) (1) (1) (1) (1) (1) | M02 | HYPERTENSION which is controlled through medication (systolic is 145 or less and diastolic pressure is 95 mmHg or less) is ACCEPTABLE if the demands of the job do not require frequent heavy lifting. |
| ĀĹL | | D. | M03 | HYPERTENSION uncontrolled or controlled (systolic over 145 and diastolic above 95 mmHg) is NOT ACCEPTABLE. Temporary reassignment and remediation may be appropriate. |
| ALL | | D. | M04 | VARICOSE VEINS of a mild degree which are asymptomatic are ACCEPTABLE. |
| ALL | • | D. /** | M05 | CHRONIC VENOUS INSUFFIENCY IS NOT ACCEPTABLE. |
| ALL | | D. | M06 | PERIPHERAL VASCULAR DISEASE is NOT ACCEPTABLE. |
| ALL | . : . | D. | M07 | THROMBOPHLEBITIS is NOT ACCEPTABLE. |

Heart and Cardiovascular System

General

The occupational significance of this area, at a general level, concerns the ability of the heart to provide

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the functional work capacity to meet the oxygen demands of physical work tasks. It also refers to the heart's integrity to be free of coronary artery or coronary heart disease symptoms so that the individual is at low risk of disability or death. Any condition which may interfere with heart function would require an individual to undergo further review and/or screening.

| Affects | Requirements Area | |
|--|--|---|
| ALL | A Mod Filhone | • |
| | MUI FUNCTIONAL WORK CARACITA | |
| | the 50th percentile (age and sex adjusted norms) relative estimated MAXIMUM O2 UPTAKE | be at |
| | estimated MAXIMUM O ₂ UPTAKE. | to. |
| ALL | | - |
| 4 | C. M02 FUNCTIONAL WORK CAPACITY (aerobic power) between 25th and 50th percentile (age and sex adjusted and s | an 44. |
| | 25th and 50th percentile (age and sex adjusted norms) is a ACCEPTABLE. Remediation would be percent | NOT |
| ALL | _ | |
| MLL Z | D. MOS FUNCTIONAL WORK CARLES | |
| | D. M03 FUNCTIONAL WORK CAPACITY (aerobic power) below to | he . |
| | 25th percentile (age and sex adjusted norms) is NOT ACCEPTABLE | |
| ALL | | : |
| | B. M04 FUNCTIONAL HEART MURMURS are ACCEPTABLE. | · · · · |
| ALL | D. MORIMURS are ACCEPTABLE. | |
| | MUS VALVULAR HEART DISEASE VICE | |
| | ACCEPTABLE. Further medical review is required. | |
| ALL | C: Mos uncommended. | |
| | MILE HYPERLIPIDEMIA IS NOT A CORP. | |
| | following lipid values are recorded: | |
| | | , |
| | Total cholesterol = 250 mg/DL-300/DL | |
| | | • * * |
| | | |
| ALL r | They can be altered and require a remedial program. | |
| | MO7 HYPERI IPIDEMIA IS NOT A SO | , |
| | M07 HYPERLIPIDEMIA is NOT ACCEPTABLE requiring further medical review if any of the following time. | |
| | medical review if any of the following lipid levels are above the following: | e : |
| | | • |
| | Total cholesterol = 300 mg/DL | - 100 - 100 |
| | Total cholesterol to HDr ratio = 8.0 | : |
| | rigiycendes = 250 ma/Di | |
| | They require medical review. | |
| ALL D. | | |
| · · · · · · · · · · · · · · · · · · · | M08 CORONARY ARTERY DISEASE is NOT ACCEPTABLE. Remediation and reassignment may be readily in the control of t | |
| The second of th | Remediation and reassignment may be medically indicated. Follow-up from bypass surgery is ACCEPTABLE. | |
| h4.11 | Follow-up from bypass surgery is ACCEPTABLE if the individual meets the functional | |
| ٧. | individual meets the functional work capacity standard. Annual reevaluation is required in the form of a maximum. | |
| | reevaluation is required in the form of a maximum exercise test. | |
| | to the Authorite exercise test | • • |

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j. atrial fibrillation or flutter

M11 ANGINA IS NOT ACCEPTABLE.

disease.

ALL

ALL

ALL

ALL

ALL

D.

D.

D.

D.

C.

k. symptomatic supraventricular tachycardia

M12 CONGESTIVE HEART FAILURE IS NOT ACCEPTABLE.

M14 PERICARDITIS and MYOCARDITIS are NOT ACCEPTABLE.

M15 TOTAL CORONARY RISK is NOT ACCEPTABLE if the total

risk score is 22 points or above on the total coronary risk point

M13 CARDIOMYOPATHY is NOT ACCEPTABLE.

charts. (Institute for Aerobic Research)

These abnormalities require further evaluation as limiting factors for functional work capacity and as symptoms of heart

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Chest and Respiratory System

General

The occupational significance of this area, at a general level, concerns lung function, breathing capacity, and freedom from airway obstruction. This is a key area for job performance in terms of the respiration needed to perform physical tasks, to use a respirator or gas mask apparatus and to be free to move about in various environments. Any condition which may significantly interfere with breathing capacity would require the individual to undergo further review and/or screening.

| Affects | Requirement | Area |
|---------|-------------|--|
| ALL | D . | M01 PULMONARY TUBERCULOSIS is NOT ACCEPTABLE. |
| ALL | D. | M02 CHRONIC BRONCHITIS IS NOT ACCEPTABLE. |
| ALL | D. | M03 ASTHMA that is not associated with reduced pulmonary function nor requiring medication is ACCEPTABLE. |
| ALL | D. | M04 ASTHMA associated with reduced pulmonary function may NOT BE ACCEPTABLE. Individual evaluation is needed to determine the effect on performing job tasks. |
| ALL | D. | M05 CHRONIC OBSTRUCTIVE PULMONARY DISEASE may NOT BE ACCEPTABLE. Individual evaluation is necessary to ascertain the degree job performance is chronically affected. |
| ALL | D. | M06 BRONCHIECTASIS and PNEUMOTHORAX are NOT ACCEPTABLE. |
| ALL | D. | M07 PNEUMONECTOMY may NOT BE ACCEPTABLE. Individual - evaluation is necessary to ascertain the degree job performance is affected. |
| ALL | D. | M08 REDUCED PULMONARY FUNCTION is NOT ACCEPTABLE IF FEV, is less than 65%. |

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Abdomen and Gastrointestinal System

General

The occupational significance of this area, at a general level, concerns a variety of gastrointestinal disorders that can affect performing job tasks by imposing severe individual discomfort. Any disorder that affects the normal gastrointestinal system to the effect that dysfunction and discomfort is present would require the individual to undergo further review and/or screening.

| Afftects | Requirements | Area |
|-----------|--------------|--|
| ALL | В. | M01 COLITIS CONTROLLED is ACCEPTABLE. |
| ALL | B. | M02 DIVERTICULITIS CONTROLLED is ACCEPTABLE. |
| ALL | В. | MO3 ESOPHAGEAL DISORDERS CONTROLLED is ACCEPTABLE. |
| ") | | esophageal stricturelower esophageal ringesophageal spasm |
| ALL | B. | MO4 HEMORRHOIDS CONTROLLED are ACCEPTABLE. If not under control they are NOT ACCEPTABLE. |
| ALL | D. | M05 PANCREATITIS is NOT ACCEPTABLE. Individual evaluation will be necessary to ascertain if the active or remission state is such that job performance capabilities may be affected. |
| ALL | D. | M06 GALL BLADDER DISORDERS are NOT ACCEPTABLE. Medical treatment is necessary. |
| ALL | D. | M07 SYMPTOMATIC ESOPHAGEAL SPASM or STRICTURE is |
| ALL | B. | M08 PEPTIC ULCER DISEASE that is asymptomatic and healed is ACCEPTABLE provided working conditions do not aggravate the conditions. |
| ALL | D | MO9 ACTIVE PEPTIC ULCER DISEASE IS NOT ACCEPTABLE. |
| ALL | В. | M10 INGUINAL or UMBILICAL HERNIAS are ACCEPTABLE if not subject to incarceration and heavy lifting is not demanded for job performance. Remediation may require temporary reassignment if job requirement limits are too high. |
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|-----|-----------|-----|---|
| ALL | — D. | M1 | 1 FEMORAL HERNIAS until surgically corrected are NOT |
| ALL | D. | | ACCEPTABLE. MALIGNANT DISEASE of liver, gall bladder, pancreas, esophagus, stomach, small or large bowel, rectum or anus is NOT ACCEPTABLE. Individual evaluation will be necessary to ascertain if the active or remission state is such that job performance capabilities may be affected. |
| ALL | D. | M13 | G.I. BLEEDING is NOT ACCEPTABLE and requires immediate medical attention. |
| ALL | D. | M14 | ACTIVE HEPATITIS IS NOT ACCEPTABLE. |
| ΑĻL | D. | M15 | |
| | | | |

Genitourinary and Reproductive System

General

The occupational significance of this area, at a general level, concerns renal failure and genitourinary dysfunction. Renal function is a central factor for maintaining body fluids. The kidneys and assorted genital organs are target organs for many occupational toxins. Any condition affecting the genito-urinary tract so that physical movement is hampered would require an individual review and/or screening.

| Afftects | Requirements | Area |
|----------|--------------|---|
| ALL | В. | M01 PREGNANCY is ACCEPTABLE. Temporary reassignment could be necessitated during the latter portion of pregnancy. |
| ALL | D. | MO2 ACUTE NEPHRITIS IS NOT ACCEPTABLE. |
| ALL | D. | MO3 RENAL CALCULI are NOT ACCEPTABLE. |
| ALL | D. | M04 RENAL FAILURE is NOT ACCEPTABLE |
| ALL | | M05 URINARY CALCULI are NOT ACCEPTABLE. |

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| • | ALL | t in a marganessam, y lysig | B .*** | aliya wa ayaya a | odi metinger | M06 | ASYMPTOMATIC BENIGN PROSTATIC HYPERTROPHY is |
| | ALL | | D. | | | MD7 | SYMPTOMATIC PROSTATE HYPERTROPHY is NOT ACCEPTABLE. |
| | ALL | | В. | | | M08 | HYDROCELE AND VARIOCELE are ACCEPTABLE. If physical movement capability is decreased then it would be UNACCEPTABLE. |
| | ALL | | D. | | | M09 | MALIGNANT DISEASES OF KIDNEY, URETER, CERVIX, |
| | v * | | | | • | | OVARIES, BLADDER, BREASTS or PROSTATE are NOT ACCEPTABLE. Individual evaluation will be necessary to ascertain if the active or remission state is such that job performance capabilities may be affected. |
| | ALL | • | D. | | ۲, | | CHRONIC NEPHROSIS IS NOT ACCEPTABLE. |
| | ALL | | D. | ٠., | | | PYELONEPHRITIS IS NOT ACCEPTABLE. |
| | ALL | No. 12.5 March 100 Co. | D. | | | | POLOCYSTIC KIDNEY DISEASE IS NOT ACCEPTABLE. |
| | | | | | | | · · |

Endocrine and Metabolic Systems

General

The occupational significance of this area, at a general level, concerns any abnormal hormonal system response that may affect job performance.

Any excess or deficiency in hormonal functioning can produce metabolic disturbances affecting weight, stress adaptation, energy production, and a variety of symptoms such as elevated blood pressure, weakness, fatigue and collapse. Any condition affecting the normal hormonal responses to the maintenance of body functions would require the individual to undergo further review and/or screening.

| Affects | | Requirements Are | |
|---------|---|------------------|---|
| ALL | * | B. M01 | THYROID DISEASE that is treated and controlled is ACCEPTABLE provided job conditions do not affect the disorder and that job functioning is not impaired. |
| ALL | | B. M02 | DIABETES MELLITUS that is controlled without the need for medication (glucose 150) is ACCEPTABLE. |

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| All | | | |
|---------|-------------|-------|--|
| ALL | D. . | MO3 | UNCONTROLLED DIABETES MELLITUS requiring medication |
| | | | for control is NOT ACCEPTABLE. Ongoing evaluation would be needed to fully ascertain effect on job performance capabilities. |
| ALL | A. | M04 | BODY COMPOSITION is ACCEPTABLE if the individual is at the 50th percentile (age and sex adjusted) for % body fat or at the following % fat levels (Male = 10% Formal Policy for the second for the second for the following % fat levels (Male = 10% Formal Policy for the second fo |
| ALL | C. | | (Maic = 13%, remaie = 22%); |
| A Ventu | C. | M05 | BODY COMPOSITION between 25th and 50th percentile (age and sex adjusted) IS NOT ACCEPTABLE. Remedial programs can directly aid altering % body fat in these ranges. |
| ALL | D : | | OBESITY is NOT ACCEPTABLE as measured by body fat percentage below the 25th percentile (age and sex adjusted). Individual medical treatment is recommended. |
| ALL | D. | M07 | ADRENAL DYSFUNCTION in the form of Addison's Disease or Cushing's Syndrome is NOT ACCEPTABLE. |
| ALL | D. | | SYMPTOMATIC HYPOGLYCEMIA IS NOT ACCEPTABLE. |
| ALL | D. | M09 P | PITUITARY DYSFUNCTION is NOT ACCEPTABLE. Individual valuation will be necessary to ascertain if the active or emission state is such that job performance capabilities may be affected. |
| ALL | C. | M10 G | LUCOSE ELEVATION beyond 120 mg/DL IS NOT CCEPTABLE. Remediation is necessary. |

Skin and Collagen Diseases

General

The occupational significance of this area, at a general level, concerns dermatitis and topical allergies which can cause employee discomfort thus affecting job performance. This can limit the possible environments that an individual can be safely exposed to. Any condition affecting the skin and related tissue so that serious discomfort would limit working environments would require an individual to undergo further review and/or screening.

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Specific Requirements

| Afftects | Requirements | Area |
|----------|-----------------------|---|
| ALL | A | M01 PSORIASIS is ACCEPTABLE |
| ALL | D. | M02 PLANTAR WARTS on the feet are NOT ACCEPTABLE until |
| OST, PSS | D. | M03 ECZEMA AND FURUNCULOSIS CONDITIONS may NOT BE ACCEPTABLE. Individual evaluation may be necessary to ascertain any limits on job performance environments. |
| ALL | D. | M04 LUPUS ERYTHEMATOSUS IS NOT ACCEPTABLE. |
| ALL | D. | M05 SEVERE CONTACT ALLERGIES may NOT BE ACCEPTABLE. Individual evaluation is necessary to ascertain any limiting work environments. |
| | and the second second | |

Musculoskeletal System

General

The occupational significance of this area, at a general level, concerns the mobility, stability, flexibility and strength to perform physical job tasks efficiently with minimum risk of injury. Any musculoskeletal condition sufficient to limit the motion and/or forceful use of a major joint or muscle group would require the individual to undergo further review and/or screening.

| Affects | Requirements | Area | randra de la companya de la company La companya de la co |
|---------|--------------|------|--|
| ALL | B | M01 | DISORDERS AFFECTING THE MUSCULOSKELETAL SYSTEM are ACCEPTABLE if the individual meets the basic movement, strength, flexibility and coordinated balance requirements. |
| ALL | В. | M02 | CERVICAL SPINE or LUMBOSACRAL FUSION IS ACCEPTABLE. If motor performance is affected they would be UNACCEPTABLE. |
| ALL | D. | M03 | ACTIVE and SYMPTOMATIC DEGENERATIVE CERVICAL or LUMBAR DISC is NOT-ACCEPTABLE. |

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|) } | | |
| AŁL | D. | M04 MAJOR EXTREMITY AMPUTATION affecting movement is |
| ALL | D. | M05 LOSS IN MOTOR ABILITY from tendon or nerve injury may NOT BE ACCEPTABLE. Individual evaluation is necessary to ascertain the impact of motor loss on performing essential job tasks. |
| ALL | D | M06 ACTIVE RHEUMATOID ARTHRITIS or ACTIVE OSTEOARTHRITIS limiting the function of a major joint may NOT BE ACCEPTABLE. Individual evaluation is necessary to ascertain the extent of the disorder on performing job tasks. |
| ALL | A. | M07 LOWER BACK FLEXIBILITY is ACCEPTABLE if the individual obtains the 50th percentile (age and sex adjusted) on the sit and reach test (Dillon and Wells test). |
| ALL | C. | M08 LOWER BACK FLEXIBILITY is NOT ACCEPTABLE if the individual is between the 25-50th percentile (age and sex adjusted norms) for the sit and reach test. This level of lower body flexibility can be improved with a remedial program. |
| ALL | D. | M09 LOWER BACK FLEXIBILITY is NOT ACCEPTABLE if the individual is less than the 25th percentile (age and sex adjusted norms) for the sit and reach test). Further evaluation will be required. |
| ALL | A. | M10 ABDOMINAL MUSCULAR ENDURANCE is ACCEPTABLE if the individual scores at least the 50th percentile (age and sex adjusted) on the one minute sit up test. |
| ALL | C. | M11 ABDOMINAL MUSCULAR ENDURANCE is NOT ACCEPTABLE if the individual scores less than the 50th percentile (age and sex adjusted on the one minute sit up test). The level of dynamic strength can be improved by a remedial program. |
| ALL | A. | M12 COORDINATED BALANCE is ACCEPTABLE if the individual can pass the following three items: |
| The state of the s | | - demonstrate ability to squat and rise without holding on to any object - demonstrate ability to walk on toes and heels without holding on to another object demonstrate ability to close eyes with feet together and not lose balance. |

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| ALL | B. Breedening victoria | M13 | COORDINATED BALANCE may NOT BE ACCEPTABLE if the individual does not pass all the balance tests. Individual |
|-----|--|-------|---|
| | y and the second | * · . | evaluation will be necessary to ascertain if a serious problem exists. |
| ALL | D. | M14 | HERNIATED DISC is NOT ACCEPTABLE. This condition limits movement and use of physical strength. |
| ALL | D. | M15 | MUSCULAR DYSTROPHY IS NOT ACCEPTABLE. |
| ALL | B. | M16 | SPINAL DEVIATIONS WITHOUT SEVERE SCOLIOSIS are ACCEPTABLE if mobility and weight bearing power are not affected. If physical mobility and weight bearing power are affected this deviation is UNACCEPTABLE. |

Hematopoietic and Lymphatic Systems

General

The occupational significance of this area, at a general level, concerns chronic disorders that may affect overall health in a disabling manner. The hematopoietic system can be a target organ for a variety of environmental chemical agents. Because this system is critical for metabolic activity, hematopoietic system disorders can reduce the individual's red blood cells' ability to transport oxygen. In turn, disorders in this area can lead to reduced capability to perform intense physical exertion. Any disorder that seriously affects blood characteristics of the lymphatic system would require the individual to undergo further review and/or screening.

| Affects | - Requirements | Area |
|---------|-------------------|--|
| ALL | A. | M01 RED BLOOD CELL VOLUME is ACCEPTABLE if the individual's hematocrit is above 40 for a male and above 37 for a female. |
| ALL | D | M02 ANEMIA is NOT ACCEPTABLE if the individual's hematocrit is below 40 for male and below 37 for a female. If the individual has a low hematocrit but acceptable physical performance levels on aerobic capacity and FEV, without fatigue or other physical problems then the individual would be ACCEPTABLE. |
| ALL | B. | M03 SICKLE CELL TRAIT is ACCEPTABLE. |

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| 20 | • | AOD | | | | • | | Section | : A |
| ₹7. ± | • | | | | | | • . • | Date | : . 02 |

| ALL | ; D, | M04 | HODGKINS DISEASE or LYMPHOSARCOMAS may NOT BE |
|-------|------|---------|---|
| | | • | ACCEPTABLE. Individual evaluation will be needed to ascertain if the active or remission state is such that ich |
| • • • | | · | performance capabilities may or may not be affected. |
| ALL | D. | M05 | HEMOPHILIA is NOT ACCEPTABLE. Remediation and |
| | | | reassignment may be necessary. |
| ALL . | D. | M06 | SICKLE CELL DISEASE is NOT ACCEPTABLE. Individual |
| | • | | evaluation will be necessary to ascertain if the active or |
| | | • • • • | remission state is such that job performance capabilities may be affected. |
| ALL | D. | M07 | LEUKEMIA is GENERALLY NOT ACCEPTABLE. Depending |
| | | • | upon the acute or chronic nature of the disease reassignment may or may not be necessary. |
| | | | |

Nervous System

General

The occupational significance of this area, at a general level, concerns the functioning of the central and peripheral nervous system and the system's susceptibility to toxic materials. Adequate nervous system functioning is critical for the regulation, coordination and control of movement and bodily processes. Dysfunctions in this area can increase the probability of accidents and potential inability to perform a variety of physical tasks. Any condition affecting the nervous system that seriously impairs motor movement would require an individual to undergo further review and/or screening.

| Affects | Requirements | Area |
|---------|---------------|--|
| ALL | D. | M01 EPILEPSY is NOT ACCEPTABLE. |
| ALL | D. *** | M02 CEREBRAL PALSY may NOT BE ACCEPTABLE. Individual evaluation is necessary to ascertain the extent the disorder would affect job performance capabilities. |
| ALL | D . | M03 PARKINSONISM may NOT BE ACCEPTABLE. Parkinsonism can be controlled in some cases. Individual evaluation is necessary. |

Manual : Administrative

Section : ADMOSO/ Date : 08/23/95

| 1.2. | ALL | D. | en en energia anno e <u>n en en e</u> | MO | 4. CEREBROVASCULAR DISEASE may NOT BE ACCEPTABLE. Individual evaluation will be necessary to ascertain if symptoms or impairments from stroke can affect job performance capabilities. |
|------|-------|----|---------------------------------------|----------|--|
| | | | | · /* | performance capabilities. |
| • | ALL | D. | | M05 | TREMORS are NOT ACCEPTABLE |
| | ALL | D. | | M06 | |
| | ALL . | D. | | M07 | LINE TO A COMMISSION OF ACCEPTABLE. |
| | A 1 1 | | . • | , IVIU.7 | UNEXPLAINED SYNCOPE IS NOT ACCEPTABLE. |
| | ALL | D. | · · · · · · | M08 | MULTIPLE SCLEROSIS IS NOT ACCEPTABLE. |

Psychiatric Conditions

General

The occupational significance of this area, at a general level, concerns the presence or absence of emotional stability and mental disease. Serious mental disease can affect critical judgement and perceptive patterns necessary for law enforcement functions. Any condition that affects normal perceptual judgement and safe and acceptable behavior would render an individual UNACCEPTABLE requiring further review and/or screening.

| Affects | Requirements | Area |
|---|------------------|--|
| ALL | c. | M01 DISORDERS OF BEHAVIOR are NOT ACCEPTABLE to |
| A STATE OF | . 1 . | include sociopathic, passive-aggressive, emotionally unstable, inadequate schizoid and paranoid personality traits and type disorders. |
| ALL | D. 1 | ANXIETY DISORDERS are NOT ACCEPTABLE to include psychotic disorders. |
| ALL | D | DISORDERS OF THOUGHT are NOT ACCEPTABLE to include psychotic disorders. |
| | D. N | 04 DISORDERS OF MOOD are NOT ACCEPTABLE to include manic and depressive patterns. |

Manual : Administrative

RO : ADD

Section : ADMOSO/)

Date : 08/23/96

Other Medical/Psychiatric Conditions

Any medical and/or psychiatric condition not specifically described in the previous sections will be reviewed on a caseby-case basis.

As a matter of record, the Secret Service feels it is necessary to make you fully aware of the duties and responsibilities, in addition to the performance elements and standards, for the position of Secret Service special agent.

The United States Code, Title 18, Section 3056, delegates responsibility for the following areas to the U.S. Secret Service:

-Protecting the life of the President and Vice President of the United States and their immediate families, the President-elect and Vice President-elect and their immediate families, former Presidents and their wives, the widow of a former President until her death or remarriage, minor children of a former President until they reach 16 years of ago, major Presidential and Vice Presidential candidates;

-Protecting visiting heads of a foreign state or foreign government and, at the direction of the official representatives of the United States, performing special missions abroad;

-Providing security at the White House complex, buildings which house Presidential offices, the Vice President's residence, and various foreign diplomatic missions in the Washington, D.C. metropolitan area or in other areas as designated by the President;

-Conducting investigations related to certain criminal violations of Federal Deposit Insurance Art, the Federal Land Bank Act, and the Government Losses in Shipment Act; and

to any of

4 44 44

-Detecting and arresting any person committing any offense against the laws of the United States relating to coins, currency, stamps, Government bonds, check; credit/debit card and financial fraud, computer fraud, fals: identification crime, and other obligations or securitie; of the United States.

All Secret Service agents, are subject to the following:

-Special agents working physical protection are required to travel extensively throughout the U.S. and abroad. Travel is frequently scheduled with little or no notice, based on the needs of the Service and, in the case of protective assignments, the protectees' travel schedule.

-Special agents are required to be proficient in the use of various firearms to include the 12 gauge shotgun, semi automatic pistol, and the uzi submachine jun.

-In making arrests, special agents are permitted under law to use that degree of force necessary to place a subject under their custody and control. They are subject to the Service's mandatory periodic medical examination program and are covered by the medical maintenance requirements/medical retention standards and must also undergo quarterly physical fitness testing.

-All special agents are subject to temporary assignments out of district, based on the needs of the Servic: Such assignments are frequently made on short notice and are on a reoccurring, rotational basis.

-All special agents are subject to assignments which require working rotational shifts, and a great deal of overtime (administratively uncontrollable overtime, as well as scheduled overtime). Work is frequently required on an agent's days off and on holidays, as well as on personal days such as family members' birthdays and anniversaries. While attempts are made to accommodate individual needs, that is not always possible due to the critical mission of the Service.

-A condition of employment is that all special agents are subject to geographic reassignment. All agents are made aware of this requirement prior to their selection for employment with the Secret Service and, by their acceptance of the employment as an 1811, they agree to that condition.

-On a yearly basis, all employees certify to the accuracy of their position description and sign their elements and

The fully successful standard for Professional Attributes, a critical job element, requires that the employee maintain a level of physical conditioning that is consistent with the expected duties of the position, displays a sound working knowledge of all weapons and equipment and be proficient in their operation, displays an appearance and demeanor which is consistent with the position, ensures that their level of knowledge and skills are current and displays a positive attitude toward the job.

-Special agents are required to complete weapons qualification quarterly.

-The fully successful standard for Protective Duties, a critical job element, requires that agents conduct complex and difficult advance assignments and cover designated security posts. It is required that in conjunction with this critical element agents travel extensively in the United States and abroad. Travel is frequently scheduled with little or no notice, based on the needs of the Service and/or the protectee's travel schedule.

-Due to the nature of the duties and responsibilities of the special agent position, this position cannot be modified to accommodate personnel whose disabling condition physically or mentally limits his/her performance as a special agent. There are no light or limited duty positions for special agents.

Manual : Training RO : TNG

Section : TNG-7
Date : 02/01/30

The reason for administering any alternate tests must be documented in the individual's office fitness file, (administrative file number 236.040). Medical documentation at ould also be included. If the condition persists, it must be brought to the attention of the examiring physician during the annual medical examination by the affected individual.

Stage 3 - Bi-annual Fitness Test

Tests are conducted bi-annually during the prescribed testing periors by the Fitness Coordinators. The tests include:

COMPONENT

TEST

Cardiovascular conditioning Dynamic strength Dynamic strength Dynamic strength Flexibility sit & reach

1.5n ille run* Sit-L ps Pull- ups Pusl -ups

*An alternate bike or walking test may be administered if recommer ded by the Reviewing Physician.

All Stage 3 testing must be administered by a certified Fitness Coordinator utilizing the protocols supplied by the UF & FTD.

Stage 4 - Individual Exercise Programs

Coordinators may recommend reasonable fitness goals for employe is that are based on the results of the medical screening, bl-annual fitness testing, and current fitness taining concepts.

Participants in the fitness program may-consult with a fitness coordinator to provide guidance in exercise and nutrition planning for an individual's exercise program.

Allowable Fitness_Activities

The Secret Service allows a maximum of three hours per week durit g scheduled duty time to participate in the Fitness Program. This is only applicable to those parsonnel who must participate in mandatory physical fitness testing (see "PARTICIPATION IN THE FIT VESS PROGRAM," this section). Authorization is contingent upon the work demands of the office or livision in which the individual works and is subject to the approval of the SAIC or Division Chief. I upervisors will endeavor to allow maximum participation.

Administratively Uncontrollable Overtime (AUO) may not be claimed or any fitness activities.

Only individuals who have been cleared to participate in fitness training by the Reviewing Physician may participate in the on-duty portion of the Fitness Program.

The on-duty portion of the Fitness Program is intended to provide a foundation for an individual to attain an acceptable level of health and fitness through regular exercise. It is not intended to provide the total amount of time necessary for an individual's fitness program. Ultimately, the responsibility to maintain an acceptable level of health and fitness rests with the individual.

Manual : Training RO : TNG

Section : TNG-7 02/01/10

Generally, the activity should take place within a Secret Service fitness facility or other authorized fitness facility. Activities should begin and end at the facility, but hay take place outside. An

Subject to the approval of the SAIC or Division Chief, the activity may take place at a facility or location other than the office fitness facility, but should be in relative proximity to the office to

The following are the only authorized activities which may take place during the on-duty portion of the

Walking

Jogging

Running (stationary or outdoors)

Cycling (stationary or outdoors)

Stair climbing (actual or machine)

Rowing

Rope skipping

Aerobic dancing

Swimming

Indoor cross-country simulator training

Basic weight training utilizing free weights

Isotonic weight training utilizing exercise weight machir es

Super circuit weight training

Calisthenics

Isometric exercising

Individuals who are ranked FAIR or better after completion of the .5 mile run test may also be authorized to participate in the following activities during the on-duty portion of the Fitness Program:

- Racquetball (with protective eye wear)
- Squash (with protective eye wear)
- Handball (with protective eyewear)

Singles tennis

Boxing and judo (with proper facilities)

Basketball

All personnel must submit a memorandum to the SAIC or Division Chief listing the exercise activities they will be performing during their on-duty exercise periods. The memorandum will remain in effect as long as the individual is assigned to the office or division. A ccpy of the approved memorandum should be placed in the individual's office fitness file and the employee's performance file (EPF), [See sample memorandum on the next page.]

Questions concerning allowable activities should be directed to the Fitness Coordinators or to the Fitness Program Coordinator, UF & FTD.

UNITED STATES PARK POLICE

Memorandum

Date: February 15, 1977

Subject:

Physical Qualification Standard for US Park Police

From:

Raymond L. Eck, MD

Chief, Medical Division

To:

Sue Scheig, Chief

U.S. PAHK POLICE Financial and Management Occupations Sections

Bureau of Policies and Standards

Based on the job-relatedness documentation forwarded to us by your office, we recommend the following as the final physical qualification standard for US Park Police positions:

General

Any physical or mental condition which would hinder full efficient performance of the duties of these positions, or which would cause the individual to be a hazard to himself, herself or to

Vision

- -- Binocular vision is required and must test at least 20/40 (Snellen) without corrective
- -- Uncorrected distant vision must test at least 20/60-(Snellen) in each eye, with correction
 - -- Near vision, corrected or uncorrected, must be sufficient to read Jaeger Type 2 at 14 inches
 - -- Ability to distinguish basic colors by pseudoisochromatic plate test (missing no more than four plates) is required, as are normal peripheral vision, accommodation, and depth

Hearing

- -- Without using a hearing aid, the applicant must be able to hear the whispered voice at 15
- -- Using an audiometer for measurement, a loss of 30 or more decibels in either ear at the 500,

Speech

-- Diseases or conditions resulting in indistinct speech are disqualifying.

Respiratory System

-- Any chronic disease or condition affecting the respiratory system which would impair the full

performance of duties of the position is disqualifying; e.g., conditions which result in reduced pulmonary function, shortness of breath, or painful respiration.

Cardiovascular System

The following conditions are disqualifying:

- -- Organic heart disease (compensated or not).
- -- Hypertension with repeated readings which exceed 150 systolic and 90 diastolic without
- -- Symptomatic peripheral vascular disease and severe varicose veins.

Gastrointestinal System

- -- Chronic symptomatic disease or conditions of the gastrointestinal tract are disqualifying.
- -- Conditions requiring special diets or medications are disqualifying.

Endocrine System

-- Any history of a systemic metabolic disease, such as diabetes or gout, is disqualifying.

Genito Urinary Disorders

-- Chronic, symptomatic diseases or conditions of the genito-urinary tract are disqualifying.

Extremities and Spine

-- Any deformity or disease which would interfere with range of motion, or dexterity, or which is severe enough to affect adversely the full performance of position duties is disqualifying.

Hernias

-- Inguinal and femoral hernias with or without the use of a truss are disqualifying. Other hernias are disqualifying if they interfere with performance of the duties of the position.

Nervous System

- -- Applicants must possess emotional and mental stability with no history of a basic personality disorder, psychoneurosis, or psychosis.
- -- A history of epilepsy or convulsive disorder is disqualifying.
- -- Any neurological disorder with resulting decreased neurological or muscular function is

Before entrance on duty, all applicants must undergo a pre-employment medical examination and be found medically suitable to perform the full duties of the position efficiently and without hazard to themselves and others. Failure to meet any of the required medical qualifications will disqualify for appointment. Applicants found to have correctable conditions may be restored to an existing list of eligibles for further consideration for appointment when the disqualifying condition is satisfactorily corrected or eliminated.

In addition, all applicants who are found medically eligible based on the results of the preemployment medical examination will be required to undergo the "step test" as developed by
the Forest Service Equipment Development Center of the Department of Agriculture. Applicants
whose physical fitness rating, using the Physical Fitness Calculator, is less than fair will be
removed from appointment consideration for the specific vacancy for which they were being
tested. Rejected applicants will, however, be provided with a copy of the test results, a written
explanation of these results, and a written explanation of their right to request retesting at such
a time as they feel their physical conditioning has improved sufficiently to allow them to pass

Work Force Information

1. Anticipated work force levels for fiscal years 2002-2006?

<u>DCFD</u>

| Fiscal Year | Authorized | Funded | G |
|-------------|-------------|--------|----------------|
| 2002 | 1822 | | Sworn/Civilian |
| 2003 | | 1822 | 1252/570 |
| 2004 | 1950 | 1950 | 1380/570 |
| | 1950 | 1950 | |
| 2005 | 1950 | | 1380/570 |
| 2006 | | 1950 | 1380/570 |
| | 1950 | 1950 | 1380/570 |

MPD

| Fiscal Year | Authorized | Town day 3 | |
|-------------|------------|------------|----------------|
| 2002 | 3750 | Funded | Sworn/Civilian |
| 2003 | | 3650 | 3750/822 |
| 2004 | 3800 | 3650 | 3800/822 |
| 2005 | 3800 | 3800 | 3800/822 |
| 2006 | 3800 | 3800 | 3800/822 |
| 2006 | 3800 | 3800 | |
| | | | 3800/822 |
| | | | |

<u>USPP</u>

| Fiscal Year | Authorized | Funded | Sworn/Civilian |
|-------------|------------|--------|----------------|
| 2002 | 250 | 250 | 250/0 |
| 2004 | 250 | 250 | 250/0 |
| 2005 | 250 | 250 | 250/0 |
| _ ` | 250 | 250 | |
| 2006 | 250 | 250 | 250/0 |
| | | 230 | 250/0 |

<u>USSS</u>

| Fiscal Year | Authorized | Funded | Cream /C: 11 |
|-------------|------------|--------|----------------|
| 2002 | 479 | 1 | Sworn/Civilian |
| 2003 | | 479 | 479/0 |
| 2004 | 479 | 479 | 479/0 |
| | 479 | 479 | ····· |
| 2005 | 479 | | 479/0 |
| 2006 | | 479 | 479/0 |
| | 479 | 479 | 479/0 |

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ATTACHMENT J.11

Services Provided To Uniform Members by User Groups

This Chart provides a list of services currently being provided under the current contract.

| Type of Service | MPD | FEMSD | USPP | USSS |
|----------------------|------------|--|-----------------|-----------------|
| Physical | X | X | X | |
| Examinations | | | A | X |
| Pre-Employment | X | X | X | X |
| Pro Francis | | | 12 | A |
| Pre-Employment | X | X | X | X |
| Drug Screening | | | A | Λ. |
| Annual/Bi-annual | X | X | X | 37 |
| Drug Screening | | | A | X |
| Random Drug | X | | | |
| Screening | | | | |
| Fitness For Duty | X | X | X | |
| Drug Screening | | | A | X |
| Health & Wellness | X | X | X | |
| Including Flu Shots, | | 1 | A | X |
| Tetanus, Hepatitis B | | 1 | | |
| HIV | | 1 | | |
| Sick Call | X | X | | |
| Urgent Care | X | $\frac{X}{X}$ | X | X |
| | | ^ | X | X |
| | | | Members | (Members |
| | | | located in D.C. | located in D.C. |
| Rehabilitation | X | $\frac{1}{X}$ | Only) | Only) |
| Services for Return | - | 1 | X | X |
| to Work | | 1. | D.C. members | D.C. members |
| Psychological | X | X | | |
| Counseling for | 43. | A. | X | X |
| Trauma | | | DC members | DC members |
| Emergency Room | X | X | | |
| Care | . 2% | , A | X | X |
| Specialized Care | X | | DC members | DC members |
| Upon referral | A | X | X | X |
| Hospital Care | X | | ` | _ |
| Surgery | <u>X</u> | X | X | X |
| | • • | X | X | X |
| Testimony at | X | | | |
| Retirement, | A . | X | X | X |
| Disability & | | | DC members | DC members |
| Discharge Hearings | | 1 | | 1. |
| Case Management | | | | |
| Somonit | X | X | X | X |
| | | 1 . | | - |
| Type of Sommine | MDD | | | |
| Type of Service | MPD | FEMSD | USPP | USSS |
| Prescriptions | X | X | X | |
| Scheduling | X | X | X | X |
| Non-POD initial | X | X | X | X |
| | | 44 | 1.4 | X |

| Screenings at | | <u> </u> | DC1 | |
|--------------------------|--|--------------|---|-------------------------------------|
| Sick Call | A Comment of the Comm | | DC members | DC members |
| Special Consultations | X | V | 2 1 5 1 1 1 2 2 2 2 3 3 3 3 3 3 3 3 3 3 3 3 3 | mand some consensation of the sense |
| Consultations | | A | X | X |
| Parking | X | - | | |
| | 1 | A | X | X |

ATTACHMENT J.11.A

Services To Be Provided to Designated Civilian Employees

This chart provides a list of services that will be expanded to include civilian employees in certain categories. Wherever the asterisk appears, please note that the Vendor may be required to provide certain rehabilitation workers compensation services to civilian employees provided that the vendor is certified by the Department of Employment Services as a Workers Compensation Provider for civilian employees.

| Type of Service Physical | MPD | FEMSD | USPP | USSS |
|---|-------|--------------|------|------|
| Examinations | 1 | | N/A | N/A |
| Pre-Employment Physical Exams | X | X | | |
| Pre-Employment Drug Screening | X | X | | |
| Annual/Bi-annual Drug Screening | X | X | | |
| Random Drug Screening | X | X | | |
| Fitness For Duty Drug Screening | X | X | | |
| Health & Wellness Including Flu Shots, Tetanus, Hepatitis B HIV Sick Call | X | X | | |
| Urgent Care | X | X | | |
| Rehabilitation Services for Return to Work * Psychological | | | | |
| Counseling for Trauma | | | | |
| Emergency Room Care Decialized Care | X | X | | |
| Jpon referral Iospital Care | | | | |
| urgery | | | | |
| estimony at Letirement, Disability & Discharge | : . | | | |
| earings* | Sus Y | | | |
| ype of Service 3 | MPD | FEMSD | USPP | USSS |
| | | | | |
| rescriptions | | | | |

| | Schodalina | Street Street | | <u> </u> |
|---|---|---------------|---|----------|
| | <i>*</i> | X | X | |
| | Non-POD initial Screenings at Sick Call | | X | |
| 1 | DL. | | | |
| L | Parking | X | X | |

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ATTACHMENT I 12

USE OF THE CLINIC

DCFD

| Fiscal Year | Authorized Strength | Anticipated Retirements* And Separations | Anticipated Hire Rate** | # of Applicant Physical Exams. |
|----------------|------------------------|--|----------------------------|-----------------------------------|
| 2002 | 1950 | 340 eligible | 150 | 1.50 |
| 2003 | 1950 | 340 | 150 | 150 |
| 2004 | 1950 | 340 | | 150 |
| 2005 | 1950 | | 150 | 150 |
| | | 340 | <u>150</u> | <u>150</u> |
| 2006 | 1950 | 340 | 150 | 150 |
| 1. | | | | 130 |

To get this number calculate the #s of sworn personnel who reach retirement age for each corresponding year. Include any other anticipated events. For example, if Congress passes the MPD Longevity Bill, the MPD could expect to lose as many as 400 people who have 25+ years on the force within the first year of operation of the Longevity Bill. In addition you should include those persons who are involuntarily separated through trial board and those who resign before they reach retirement age. Once you get this figure, this tells you about how many people you need to hire to maintain your authorized strength. It will also tell you about how many applicants you need to send through the medical process for clearance.

** To get this number calculate the number of new members your agency must hire in order to meet maximum strength. MPD for example has an attrition rate of 20 members per month. If MPD has a strength level of 3550 and MPD will lose about 240 sworn members each year in attrition alone. To stay at 3600 MPD has to hire at least 300 new members to meet attrition and also bring itself to its authorized strength level.

MPD

| Fiscal Year | Authorized Strength | Anticipated Retirements* | Anticipated Hire Rate** | # of Applicant Physical Exams. |
|----------------|------------------------|-----------------------------|----------------------------|-----------------------------------|
| 2002 | 3650 | 320 | 490 | |
| 2003 | 3800 | 320 | | 2450 |
| 2004 | | | 490 | 2450 |
| | 3800 | 320 | 490 | |
| 2005 | 3800 | 320 | | 2450 |
| 2006 | | | 490 | 2450 |
| 2000 | 3800 | 351 | 521 | 2605 |

a referencement as a gar Transmission and the same .1

ATTACHMENT J. 13

FY 2002

NUMBER OF EXAMINATIONS BY TYPE

| Type of Service | | FEMSD | USPP | USSS |
|--|---|--|------|------|
| Physical Examinations | 31,100 | 1950 | 21 | 200 |
| Pre-Employment Physical Exams | 3000 uniform + civilian | 550 uniform + civilian | 45 | 50 |
| Pre-Employment Drug Screening | 3000 | 550 | 45 | 50 |
| Annual/Bi-annual Drug Screening | 3650 | 2400 | 1) | 1) |
| Random Drug Screening | 1118 uniform + civilian @ 25% of workforce | 2) | 2) | 2) |
| Fitness For Duty Drug Screening | 150 | 50 | 2 | 0 |
| Health & Wellness Including Flu Shots, Tetanus, Hepatitis B HIV | 4472 | 1950 | 100 | 100 |
| Sick Call | est. @ 557 sick call encounters per mo. | 2400 | 123 | 465 |
| Urgent Care | 1) | 1) | 1) | 1 |
| Rehab. Services for Return to Work | 1200 at any given time 100 members are under care | 540 at any given time 45 members are under care | 20 | 25 |
| Psych. Counseling For Trauma | 100 | 100 | 10 | 10 |
| Emergency Room Care | 1) | 65 | 1) | 1) |
| Specialized Care Upon referral | 1) | 1) | 1) | 1) |
| Hospital Care | 36 | 1) | 1) | 1) |
| Surgery | 1) | 1) | 1) | 1) |
| Testimony at Retirement, Disability & Discharge Hearings | 90 | 72 | 5 | 26 |
| Case Management | 400 | 100 | 5 | 20 |
| Prescriptions | 10,351 | 700 | 150 | 799 |
| Scheduling | 16,652 | X | 1) | 1) |
| Special Consultations | 1) | 1) | 1) | 1) |
| Parking | 100 | 50 | 1) | 1) |

ATTACHMENT J.13, cont.

Explanation of Reference Marks:

- 1) Number or Estimate is not available.
- 2) Examination or Service is not provided for this service unit.

ATTACHMENT J. 14

FY 2003-2006

NUMBER OF EXAMINATIONS BY TYPE

| Type of Service | MPD | FEMSD | USPP | USSS |
|--|--|--|------|-------|
| Physical Examinations | 31,100 | 1950 | 21 | 200 |
| Pre-Employment | 3000 | 550 | 45 | 50 |
| Physical Exams | uniform + civilian | uniform + civilian | | 30 |
| Pre-Employment Drug Screening | 3000 | 550 | 45 | 50 |
| Annual/Bi-annual Drug Screening | 3650 | 2400 | 1) | 1) |
| Random Drug Screening | 1118 uniform + civilian @ 25% of workforce | 2) | 2) | 2) |
| Fitness For Duty Drug Screening | 150 | 50 | 2 | 0 |
| Health & Wellness Including Flu Shots, Tetanus, Hepatitis B HIV | 4472 | 1950 | 100 | 100 |
| Sick Call | 6680 est. @ 557 sick call encounters per mo. | 2400 | 123 | 465 |
| Urgent Care | 1) | 1) | 1) | 1) |
| Rehab. Services for Return to Work | at any given time 100 members are under care | 540 at any given time 45 members are under care | 20 | 25 |
| Psych. Counseling For Trauma | 1200 | 100 | 10 | 10 |
| Emergency Room Care | 1) | 65 | 1) | 1) |
| Specialized Care Upon referral | 1) | 1) | 1) | 1) |
| Hospital Care | 36 | 1) | 1) | 1) |
| Surgery | 1) | 1) | 1) | |
| Testimony at Retirement, Disability & Discharge Hearings | 90 | 72 | 5 | 1) 26 |
| Case Management | 400 | 100 | 5 | 20 |
| Prescriptions | 10,351 | 700 | 150 | 799 |
| Scheduling | 16,652 | X | 1) | 1) |
| Non-POD initial Screenings at Sick Call | X | 2000 | 1) | 1) |
| Special Consultations | 1) | 1) | 1) | 1) |

| Parking 100 En | |
|----------------|--|
| 100 50 | |
| 1 100 1 381 | |
| 30 | |
| | |
| | |
| | |
| | |

Explanation of Reference Marks:

- 1) Number or Estimate is not available.
- 2) Examination or Service is not provided for this service unit.

ATTACHMENT J.15

SAMPLE MEDICAL REPORT FOR THE POLICE AND FIRE RETIREMENT AND RELIEF BOARD

THE LJARD OF POLICE AND FIRE SURGEONS Medical Services Division Disability Retiree's Physicians Evaluation Form

The District of Columbia Retirement and Reform Act (Chapter 6, Section 4-627 (b) (2) requires all disability retirees under the age of 50 to undergo an annual medical examination of the disability on which the retirement was based.

SECTION I: PENSIONER TO COMPLETE: PENSIONER NAME: (Last, First, Middle Initial) SSN: ADDRESS: DOB: _____ DEPT: MPD | DCFD | USSS | USPP | TELEPHONE #: Home (DATE: Appointment to Department Cell/Pager() CURRENT EMPLOYER: DATE: Retirement JOB TITLE mm/dd/yy ADDRESS: ______ TELEPHONE #: _____ HOURS WORKED PER DAY: _____ DAYS WORKED PER WEEK: ____ OUTIES AND RESPONSIBILITIES: PENSIONER SIGNATURE ECTION II: PFC PROVIDER TO COMPLETE: P: _____ PULSE: ____ IAGNOSIS: ____ ROGNOSIS: Still experiencing ____ ROGNOSIS: Still experiencing ______ (symptom). The prognosis is poor. There is Other: REATMENT: Continue current medical regimen. ☐ Other: CCUPATIONAL LIMITATION: ☐ Unable to return to full duties. ☐ Other:. ☐ Unable to determine at this time. .

PROVIDER'S SIGNATURE

OVIDER'S NAME

ATTACHMENT J.16

SAMPLE DAILY VISIT REPORTS

MPD Daily Visit Report for 10/22/01

| Name | | Status In | Status Out | | Type of Visit | Visit Date | Return to | Sick Leave Date | LD Date | Return to Duty | Last FD Day | Non FD Days | Time-In | Time-Out |
|-------------|----|-----------|------------|-----|------------------|------------|-----------|-----------------------|----------|-------------------|----------------|----------------|---------|----------|
| CSG | | · | . * | | · | | | | | | | | | |
| | | TINS | FULL | X | FOLLOW-UP | 10/22/01 | | | | 10/22/01 | | 0 | | 17:11 |
| CSG/BSD | | ٠ | | | . • • | . • | | | | | | | | |
| | | FULL | FULL | K | FOLLOW-UP | 10/22/01 | | | | 10/22/01 | | 0 | | 17:19 |
| CSG/HSD/PRB | • | | | | | • * | ****** | × | | · | | | | |
| • • • • | | LIMITED | LIMITED | . " | FOLLOW-UP | 10/22/01 | 11/5/01 | | 10/22/01 | | 9/20/00 | 284 | | 09:01 |
| OCP/TSG | | | | | | - | | | | . * | | | | |
| | | LIMITED | LIMITED | X. | FOLLOW-UP | 10/22/01 | 12/3/01 | ž. | 10/22/01 | • | 10/22/01 | | | 14:21 |
| | ·: | LIMITED | FULL | Z | FOLLOW-UP | 10/22/01 | | | | 10/22/01 | | 0 | | 14:55 |
| | | SICK | SICK | z | FOLLOW-UP | 10/22/01 | 11/14/01 | 10/22/01 | 10/24/01 | | 10/16/01 | ъ | | 16:31 |
| • | | LIMITED | LIMITED | Z | SICK CALL | 10/22/01 | 12/10/01 | | 10/22/01 | | 6/18/98 | 873 | | 07:25 |
| | | LIMITED | SICK | 70 | FOLLOW-UP | 10/22/01 | 11/5/01 | 10/22/01 | | | 6/18/98 | 873 | | 09:08 |

| - | " | | i L Large | * | | | OOS/CROC | 334 | • | | | | | , | | 00S/CROC/1D | Name |
|------------|-----------|----------|-----------------|-----------|-----------|-----------|----------|---|-----------|-----------|-----------|-----------|----------|-----------|-----------|-------------|-----------------------|
| | | | • | | - Day | | OC/3D | *************************************** | | | | | ; | 1 | | OC/ID | |
| FULL | LIMITED | SICK | FULL | FULL | LIMITED | SICK | | LIMITED | SICK | SICK | FULL | FULL | SICK | LIMITED | LIMITED | : | Status In |
| SICK | FULL | SICK | FULL | SICK | SICK | FULL | | LIMITED | SICK | SICK | FULL | SICK | SICK | LIMITED | LIMITED | | Status Out |
| Z | Z | Z | × | ₹. | X | K | | × | Z | . ≰ | × | Z | Z | 7 | Z | | |
| NEW INJURY | FOLLOW-UP | NO SHOW | FOLLOW-UP | SICK CALL | SICK CALL | SICK CALL | | SICK CALL | SICK CALL | FOLLOW-UP | SICK CALL | SICK CALL | NO SHOW | FOLLOW-UP | FOLLOW-UP | ÷. | Type of Visit |
| 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | 10/22/01 | | Visit Date |
| 10/30/01 | 11/5/01 | | | | 10/26/01 | | | 11/16/01 | | | | | | 11/19/0ì | 10/29/01 | | Return to Clinic |
| 10/22/01 | | | | 10/22/01 | 10/22/01 | | , | | 10/22/01 | 10/22/01 | | 10/22/01 | | | | | Sick Leave Date |
| | | | | | | | | 10/22/01 | <i>:</i> | | | | | 10/22/01 | 10/22/01 | | LD Date |
| | 10/22/01 | | 10/22/01 | 10/24/01 | | 10/22/01 | | | 10/25/01 | 10/23/01 | 10/22/01 | 10/24/01 | | | . • | | Return to Duty |
| 9/19/01 | , | | | 10/21/01 | 8/16/00 | " | ٠. | 8/15/01 | 10/20/01 | | | 10/22/01 | 5/13/99 | 2/26/98 | 3/3/01 | ** - | Last FD Day |
| 24 | 0 | 0 | 0 | · . | 309 | 0 | | 49 | | 0 | 0 | | 638 | 953 | 166 | | Non FD Days |
| 11:26 | 15:21 | 00:00 | 11:31 | 13!05 | 13:28 | 07:06 | | 07:45 | 07:25 | 14:47 | 13:26 | 07:58 | 00:00 | 13:33 | 11:00 | | Time-In |
| 12:24 | 15:41 | 00:00 | 12:01 | 13:45 | 14:28 | 07:34 | | 08:26 | 09:18 | 15:13 | 14:03 | 08:45 | 00:00 | 14:49 | 11:32 | | Time-Out |

Mt D Sick Leave Report by Dist. .ct

| Assignment | | | | | | | | | | | | | | |
|--------------|-----------------|------------|-----------|------------|-------------------------------------|------------|---------------------|--------------------|----------------------|------------------------|-----------------------|-------------------|-----------------|-----------------------|
| Rank: | First Name: | Last Name: | Status In | Status Out | Status Out Type of Visit Visit Date | Visit Date | Return to Clinic | Sick Leave Date | Limited Duty Date | Return to Duty Date | Last Full Duty Day | Medical Status | Psych Status | Non Full Duty Days |
| CSG/BSD/CB | | , | , | | | · | | | | | | , | | |
| SICK LEAVE | | ٠. | | | | | | | | . ` | | | | |
| ОПісег | | • | LIMITED | SICK | X | 10/10/2001 | 10/18/2001 | 10/10/2001 | | | 01/23/2001 SICK | | FULL | 190 |
| BSD/FMD | | | | | | | | | | | | | | |
| SICK LEAVE | W 1 (1 (1 ()) | | | | | | | | | | | | • | |
| Sergeant | e.+1+4.00 | | SICK | SICK | ₽ | 10/02/2001 | 10/23/2001 | 10/02/2001 | | • | 03/28/2001 SICK | | SICK | 144 |
| CSG/BSD/PD | | | | | | - | : | | | | | • • • • | | |
| SICK LEAVE | 22 21/227 21/23 | | | | | • | | | | • | | | | |
| Officer | n harvane | | LIMITED | SICK | X | 10/15/2001 | 12/10/2001 | 10/15/2001 | 10/16/2001 | | 04/30/1999 SICK | | FULL | 642 |
| CSG/BSD/SOMB | , . | | | | | : | , | | | | | • | | |
| SICK LEAVE | | | | | | | | | | | | | | Ì |
| Officer | | \$1 1, | SICK | SICK | ٠ | 08/03/2001 | 09/14/2001 | 08/03/2001 | | | 07/22/1999 FULL | | SICK | 383 |
| SICK LEAVE | maka nuglini d | | | | · | | | | | : - | | | | 3 |
| tenant | | | SICK | SICK | P | 10/05/2001 | 11/16/2001 | 10/05/2001 | | | 06/28/2001 SICK | İ | SICK | 78 |
| | | | | | | | | | | | | | | |

01 Jaf 10

APD Limited Duty Report by District

| | | ! | 1 | | | | , | | | | | | | je. |
|-----------------------|---------------------|----------------------------------|--|---|----------------------|--------------------|---------------------|------------|---------------|------------|-----------|--------------|-------------|---------------|
| 277 | FULL | | 09/22/2000 LIMITED | | 09/28/2001 | | 10/26/2001 | 09/28/2001 | X | LIMITED | LIMITED | incitate. EX | : | utenant |
| | | | • | | . | | - | | | | | | X | ALDA GELIM |
| | | | | | | | | | | | | | | G/ISD |
| 279 | LIMITED | | 09/20/2000 LIMITED | | 10/10/2001 | | 11/07/2001 | 10/10/2001 | P | LIMITED | LIMITED | | | Zeant |
| . • | - | | | | | | | . Y | · . | | | | Y | ALDO CELIM |
| | | | - | | | | | | | | | , | | 3/HSD/PRB |
| 134 | FULL | | 04/11/2001 LIMITED | | 1002/02/60 | | 10/18/2001 | 09/20/2001 | X | LIMITED | LIMITED | • | | icer |
| ·. | * . | ٠ | | | | | | | | | | | Y | ALLIQ DELIM |
| | - | the Mary Consequent and American | And the second s | | | | | | | | | | | 3/BSD/PD |
| 145 | FULL | | 03/27/2001 LIMITED | | 09/11/2001 | | 10/29/2001 | 09/11/2001 | Z | LIMITED | LIMITED | | 9 | icer |
| | | | | . * | | | | • | | | \$ ** | | Y | MITED DUTY |
| | | | | | | | | | | | | • | | 3/BSD/CB |
| 276 | LIMITED | | 09/23/2000 FULL | | 10/11/2001 | | 11/01/2001 | 10/11/2001 | to | LIMITED | LIMITED | | | ulemant |
| | | | | | | | | • | | • | | | Y | ALDO DELIM |
| | | | | | | | | | | | | | |)/BSD |
| 52 | | LIMITED | 08/03/2001 LIMITED | | 09/26/2001 | | 10/17/2001 | 09/26/2001 | Z | LIMITED | LIMITED | · | | cer |
| | | • | | | ; : | | | | : : | 3 | :. | | Χ | XIUG GETIM |
| | | - | | | | | · | | | | | | | |
| 319 | FULL | LIMITED | 07/26/2000 | | 09/14/2000 | | 10/05/2000 | 09/14/2000 | X | LIMITED | SICK | | | olice Officer |
| | | | | | | | | | | | | | Y | ALDO CELIM |
| | *. | | | | | | | • | | | | | | |
| Non Full Duly Days | Psych N Status D | Medical Status | Last Full Duty Day | Return to Duty Date | Limited Duty Date | Sick Leave Date | Return to Clinic | Visit Date | Type of Visit | Status Out | Status In | Last Name: | First Name: | ık: |
| | | | | A STATE OF THE PROPERTY OF THE PARTY OF THE | | | <u> </u> | | | | | , | | |
| | | | | | | | • | | | • | • | - | | signment |

Page 1 of 22

MPD Report By Provider

| | | Notes - | | | ^ | Notes - | | Notes - 1 | • | SSN Lust Name: |
|----|---|--|-------------------|--|--|--|-----------|-------------------|---|-----------------|
| ** | LV on 8/29/01 patient reports some improvement in pain. On PE, some limited ROM of left shoulder and Right shoulder with FROM without pain. Recommended Mobrin and continous PT and home exercises. Need PMD notes, however not requested. Member on LD. RTC 10/8/01. No showed on 8/1/01. | LV10/8 preseents with bilateral shoulder pain unchanged. Prescription in chart dated 10/1 for PT x12 visits from GW doctor | and an area area. | 8.30/01: Per case: Investigative process shows no evidence of fracture. 8/29/01 can't find chart | Per Case 9/27/01: Will be placed on LD next visit. LV on 9/17/01 with continous complaints of Right shoulder and base of neck pain. Decreased ROM on exam, however improved compared to previous 7/18/01 visit. Continued NSAID and PI recommended in addition to MRI done on 8/24 in which was normal. | LV10/20 c/o right sided neck pain. Member request copy of x-ray and MRI report. Note from 10/1/01 mentions member can be progressed to LD and be assigned to duties/responsibilities that prevent the use of the right UB per ; in addition PT notes member shows good PT outcome. MRI from 8/01 was negative. | | LV on 8/16/01 | | e: First Name: |
| | me improvement in pain. On notes, however not requested | ihoulder pain unchanged. Pre | <i>2/8/</i> 2001 | process shows no evidence of | on LD next visit. Implaints of Right shoulder a MRI done on 8/24 in which w | n. Member request copy of a JE per in addition P | 7/6/2001 | 9/30/2001 | | Last Full Duty: |
| | PE, some limited ROM . Member on LD, RTC 1 | scription in chart dated 1 | 184 | fracture. 8/29/01 can't | nd base of neck pain. Do 725 normal. | c-ray and MRI report. N T notes member shows g | 78 | 17 | · | Non FD Days |
| | of left shoulder [0/8/01. | 0/1 for PT x12 | NON | find chart | creased ROM o | ote from 10/1/0 ood PT outcom | POD | POD . | : | POD?: |
| | and Right shoulder with FRC | visits from GW doctor. No m | ACTIVE | | n exam, however improved c | squest copy of x-ray and MRI report. Note from $10/1/01$ mentions member can be program addition PT notes member shows good PT outcome. MRI from $8/01$ was negative. | ACTIVE | ACTIVE | | Members Status: |
| | M without pain. Recomme | c. No new notes from PMD or request for notes | Anne | | ompared to previous 7/18/0 | ogressed to LD and be assigve. | Anne | Ame | | Case_manager |
| | nded Motrin and continou | est for notes. | LIMITED | | 1 visit. Continued NSAID | ned to dulies/responsibilit | LIMITED | SICK | | Med Status: |
| | | | 11/5/2001 | |) and | iles | 11/5/2001 | 11/1/2001 | | Med Return: |
| | | | | • | | | | | | |

ATTACHMENT J.17 OFFICE SPACE REQUIREMENTS

Attachment J-17 Office Space Requirements

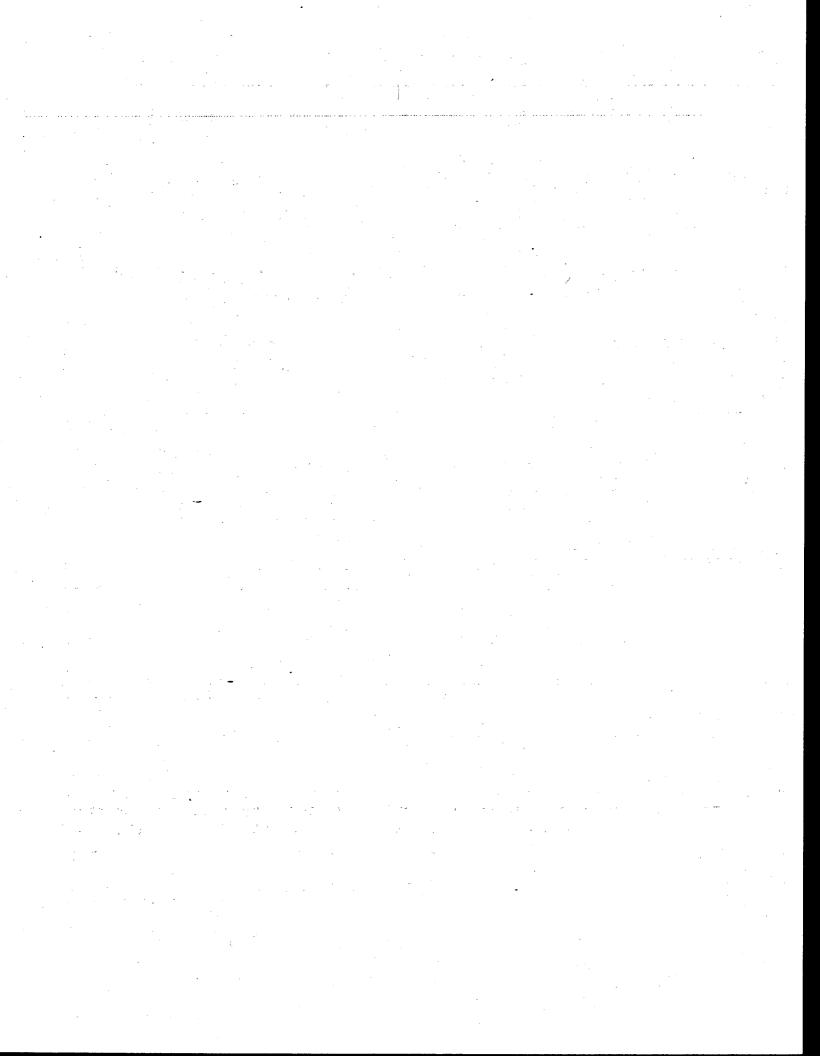
1. Office Space

| Eight (8) | Enclosed Offices of at least 175 square feet |
|-----------|--|
| One (1) | Conference Room with seating capacity of 30 persons |
| One (1) | Meeting room with seating capacity of 10 people |
| One (1) | File Storage area of approximately 300 square feet |
| One (1) | Staff lounge/Eating area |
| One (1) | Common Reception Area of approximately 400 square feet |

2. Equipment

| Equipment | How Many | Does Employee Need Own | Can Share | Special Requirements |
|--------------|----------|------------------------------|-----------|---------------------------|
| Computers | 25 | Yes | No | |
| Printers | 4 | No | Yes | One Dedicated |
| | | | | Personal Printers for the |
| , | | | | |
| | *. | | | Medical |
| | | | | Directors of |
| | | | | MPD & |
| <u> </u> | 4 | | | DCFEMS |
| Scanners | <u>l</u> | No | Yes | - |
| Fax | 4 | No | Yes | Fax machines |
| | | • | | must have |
| | | | | dedicated lines. |
| | • | | | One Dedicated |
| | | | | Personal Fax |
| | | | | Machine for the |
| | · | | | Medical |
| - | y v | | | Directors of |
| · | | | | MPD & |
| | • | | | DCFEMS |
| Copy Machine | 2 | No . | Yes | Copy machines |
| | | | | must be able to |
| | | | | reproduce at |
| | <i>'</i> | r. | | high volumes |
| Phones | 25 | Yes į | No | Each phone |
| | | | 2 | must have two |
| | • | | | dedicated lines. |
| | | | | |

| Office Furnishings | How Many | Does Employee | Can Share | Special Requirements |
|--------------------------------|----------------------|------------------|-----------|---|
| Turnismings | | Need Own | | |
| Desks w/ credenzas | 20 | Yes | No | Furnishings can be stand-alone |
| | | | | or modular |
| Chairs | 20 | Yes | No | |
| File Cabinets | 20 | Yes | No | |
| Conference Room Tables | 2 | No | Yes | Adequate to furnish conference |
| | | | | room seating at least 30 people and 10 people respectively |
| Conference Room Chairs | 50 | No | Yes | Adequate to furnish conference room seating at least 30 people and 10 people respectively |
| Staff Lounge Table & Chairs | 1 Table, 5 chairs | NO | Yes | |
| Refrigerator | 1 | | Yes | For storage |
| Microwave | 1 | | Yes | |
| | | | | |



ATTACHMENT J.18

SAMPLE NEW INJURY QUESTIONAIRES AND CASE MANAGEMENT REPORTS

ATTACHMENT J-18

MPDC SAMPLE ADMINISTRATIVE CASE MANAGEMENT RECORD

LAST NAME: WILLIAMS

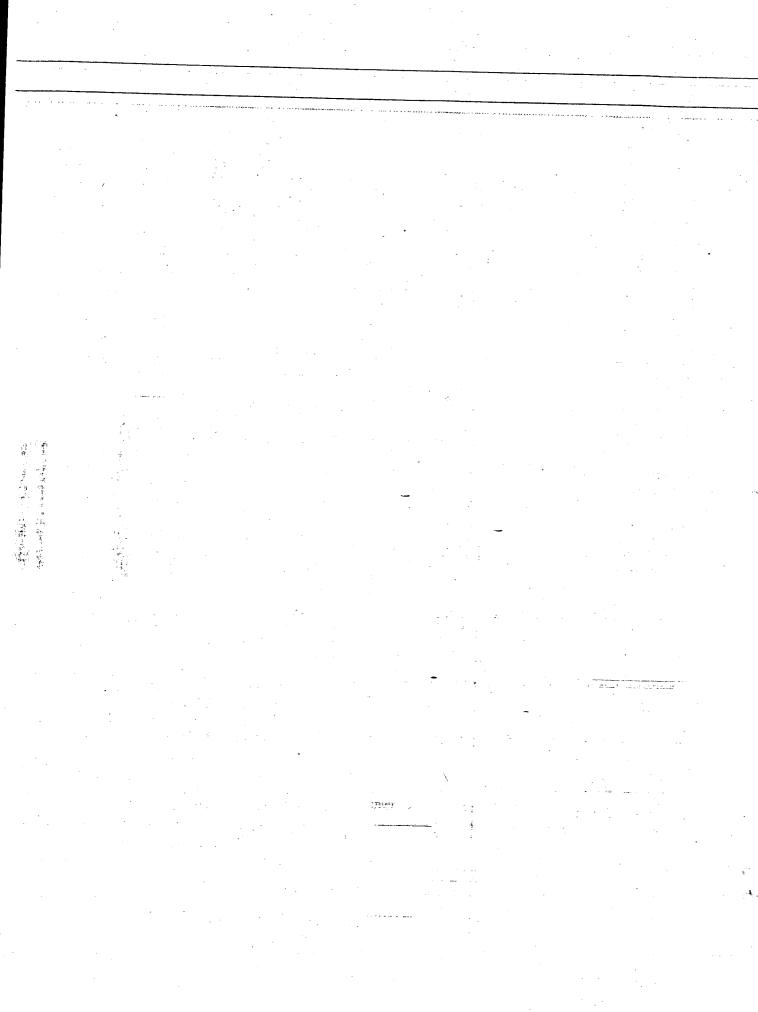
FIRST NAME: JAMES

SSN:########

ELEMENT: FOURTH DISTRICT

LAST FD DATE:xxxxxx

| 5/30/01 | 5 | | | | | | 5/16/01 | | | : · | | | 05/12/0 | |
|--|-------------|--|-----------------------------------|---|---|---------------------------------------|-------------------------------------|-----------------|--------------------------------------|--|-------------------------------|--|--|-------------------------------|
| Yes | | | 3 | | <u> </u> | | Yes | | | | | | 1 Yes | AL WOR |
| Strained Quadriceps Tendon in Right Thigh | | | | | | Tendon in right thigh | Strained Quadriceps | | | | • | Tendon in right thigh | Strained Quadriceps |) NIVENOSIS |
| 0/01/01 | | | | | | | 5/30/01 | | | | | | 05/16/01 | TUROSEY T REIN |
| Fattent reports stiffness and soreness no longer problem. X-rays revealed no fractures or forn ligaments | | - | torn ligaments. | X-rays ordered to rule out fractures or | after applying hot and cold compresses. | soreness and stiffness in upper thigh | Patient continued to complain about | pain as needed. | directed to take Ibuprofen 500mg for | compresses on the affected area. Patient | in bed and place hot and cold | days during which time he is to remain | Patient placed on sick leave for three | - SUMMINGENIA MANGEMINA PARTE |
| on 6/1/01. | evaluation. | times a week. Patient should report to clinic on 5/30/01 for re- | Rehab. Center for whirlpool three | continue to apply hot and cold | evaluation of x-rays. Patient should | duty for two weeks through | Patient is to be placed on limited | | | | | 5/16 for re-evaluation. | Patient should report to the Clinic on | RECOMMENDED ACTION |

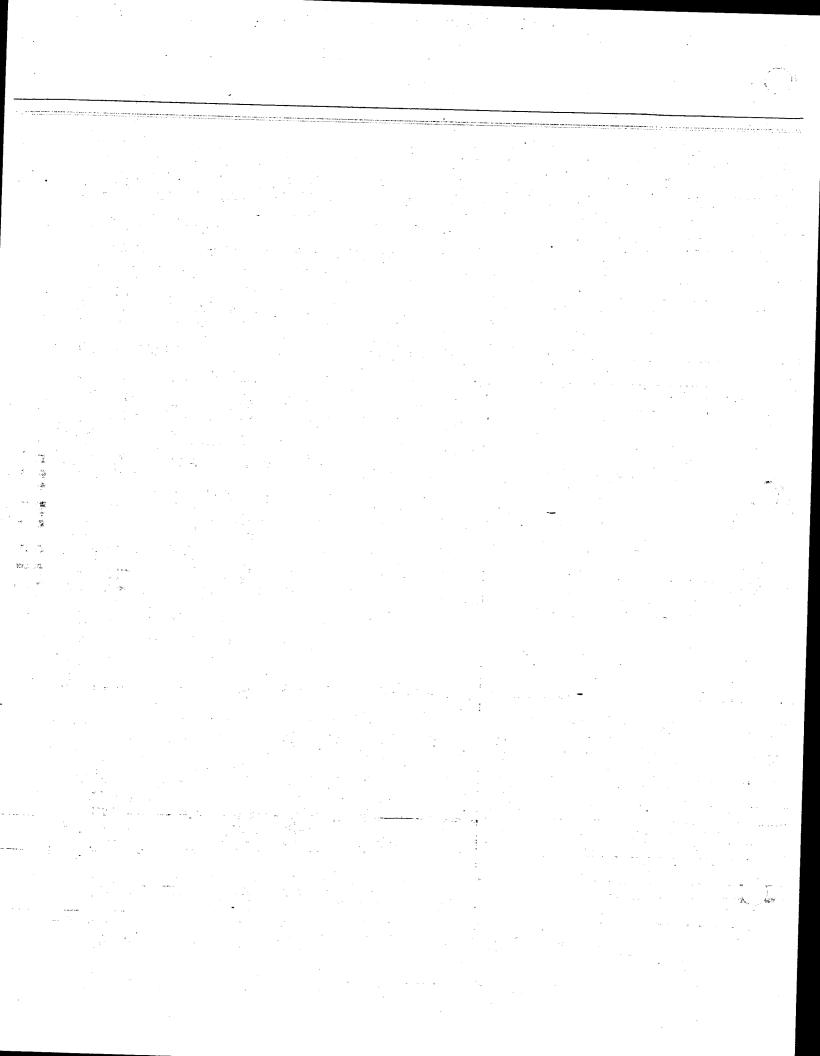


PFC ASSOCIATES, LLC 920 Varnum Street, N.E. Washington, DC 20017 POLICE AND FIRE CLINIC

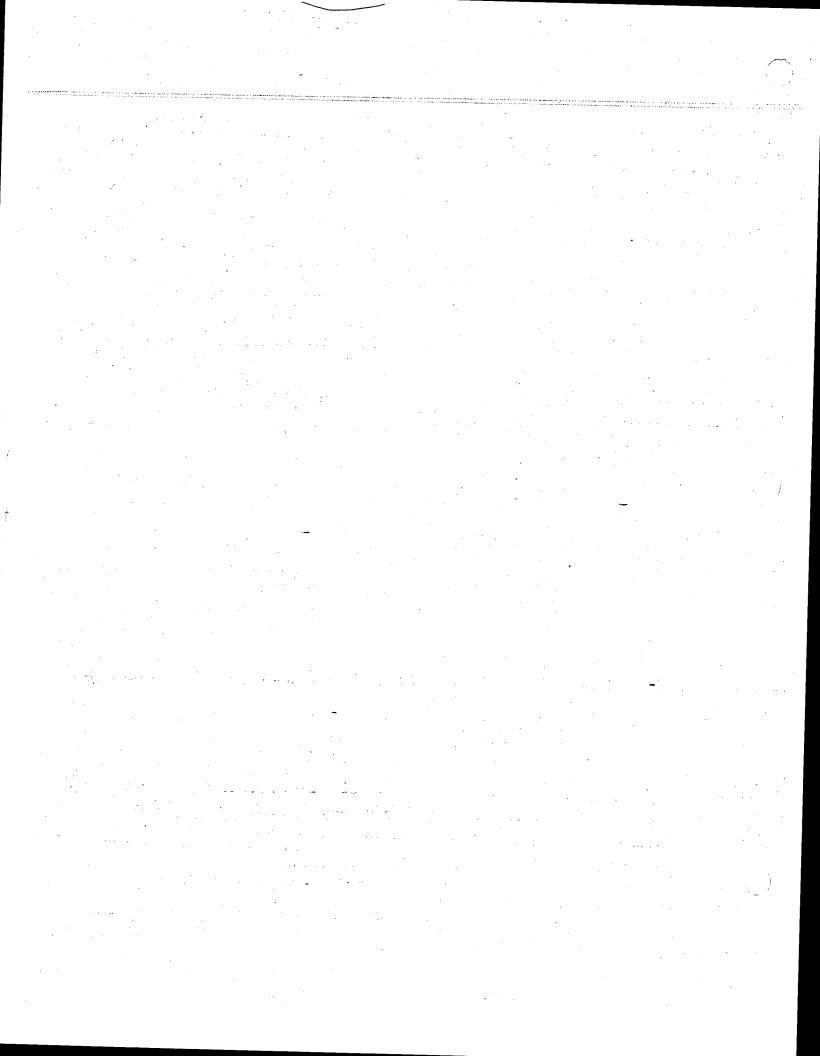
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| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF KS: There are no medical reasons to prevent the member from carrying his/her weapon we limited duty or sick leave. | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY while on |
| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF EKS: There are no medical reasons to prevent the member from carrying his/her weapon we limited duty or sick leave. | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY while on |
| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF RKS: There are no medical reasons to prevent the member from carrying his/her weapon we limited duty or sick leave. | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY while on LIMITED DUTY le on limited SICK LEAVE |
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| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF EKS: There are no medical reasons to prevent the member from carrying his/her weapon we limited duty or sick leave. The member's medical condition prevents him/her from carrying his/her weapon whi duty or sick leave. | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY while on LIMITED DUTY le on limited SICK LEAVE RETURN TO CLINIC |
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| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF EKS: There are no medical reasons to prevent the member from carrying his/her weapon we limited duty or sick leave. The member's medical condition prevents him/her from carrying his/her weapon while duty or sick leave. PFC PROVIDER'S SIGNATURE | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY vhile on LIMITED DUTY le on limited SICK LEAVE RETURN TO CLINIC Provider to see on return visit: |
| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF EKS: There are no medical reasons to prevent the member from carrying his/her weapon which duty or sick leave. The member's medical condition prevents him/her from carrying his/her weapon which duty or sick leave. PFC PROVIDER'S SIGNATURE Twiledge this follow-up visit at the Police and Fire Clinic and weapon which are the police and Fire Clinic and weapon which are the Police and Fire Clinic and weapon which we will be a single provided the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and we have the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and we have the police and provided the police and Fire Clinic and we have the police and p | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY vhile on LIMITED DUTY le on limited SICK LEAVE RETURN TO CLINIC Provider to see on return visit: FOLLOW-UP VISIT |
| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF EKS: There are no medical reasons to prevent the member from carrying his/her weapon we limited duty or sick leave. The member's medical condition prevents him/her from carrying his/her weapon white duty or sick leave. PFC PROVIDER'S SIGNATURE | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY vhile on LIMITED DUTY le on limited SICK LEAVE RETURN TO CLINIC Provider to see on return visit: FOLLOW-UP VISIT Date of Appointment: |
| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF EKS: There are no medical reasons to prevent the member from carrying his/her weapon which duty or sick leave. The member's medical condition prevents him/her from carrying his/her weapon which duty or sick leave. PFC PROVIDER'S SIGNATURE Twiledge this follow-up visit at the Police and Fire Clinic and weapon which are the police and Fire Clinic and weapon which are the Police and Fire Clinic and weapon which we will be a single provided the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and we have the police and Fire Clinic and weapon which we will be a single provided to the police and Fire Clinic and we have the police and provided the police and Fire Clinic and we have the police and p | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY vhile on LIMITED DUTY le on limited SICK LEAVE RETURN TO CLINIC Provider to see on return visit: FOLLOW-UP VISIT Date of Appointment: Time of Appointment: |
| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF KS: There are no medical reasons to prevent the member from carrying his/her weapon we limited duty or sick leave. The member's medical condition prevents him/her from carrying his/her weapon whi duty or sick leave. PFC PROVIDER'S SIGNATURE Tweledge this follow-up visit at the Police and Fire Clinic and my duty status. Inderstand that failure to appear for this appointment may result in disciplinary | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY while on LIMITED DUTY le on limited SICK LEAVE RETURN TO CLINIC Provider to see on return visit: FOLLOW-UP VISIT Date of Appointment: Time of Appointment: Provider #: |
| COMPLETED BY PFC ASSOCIATES, LLC MEDICAL STAFF RKS: | ** PFC USE ONLY ** DATE RETURN TO FULL DUTY vhile on LIMITED DUTY le on limited SICK LEAVE RETURN TO CLINIC Provider to see on return visit: FOLLOW-UP VISIT Date of Appointment: Time of Appointment: |

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| iver Disease | Alcohol □ No □ Yes | Drug Allergies □ No □ Yes |
| llergies□No□Yes | ♀ LNMP | |
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| nosis + CPT Code: | | ☐ Presumed POD ☐ Non-POD |
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| apy-Other: | | |
| cation: | | Activity: |
| errals: DPT Consultant: | | |
| Radiology (wet reading): | , * +4. | |
| cipd # days to Limited Duty: □ 1-6 □ 7-14 □ 15-21 □ other | | Anticipated # days to Full Duty: □ 1-6 □ 7-14 □ 15-21 □ other |
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| cupational | Injuries | | | | | | | | |
| | A, selera, conjuncti describe below) | va, EOM | | ING – kternal canals, audiogram (describe below) | | | NECK Il deformities, nod (describe below) | les | |
| l nar | HARYNX, DENT. es, trachea, teeth describe below) | AL, TRACHEA | | RY all, auscultation; no wheezin describe below) | ng or scars | HEART □ nl. rate, rh □ Abnormal | ythm, S1S2; no mi (describe below) | urmurs/gallops/JVD | |
| rdination | CAL sation, motor reflex describe below) | ces, | - abdominal o | /spleen/organ enlargement, | tenderness, hernia | other jts. | | OM of C/T/L spine; | nl. |
| | GIC r, nail changes describe below) | | SKIN Inl.: no scars (e.g. tattoos) Abnormal | s/rashes; nl. nails, no identii | fying marks | >/=50: BP < | ulses; no carotid b | ruits; <50; BP <140/ | /90. |
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| C Physician | Signature | | | PFC Physician Printed Nam | ne. | | Date | e . | ` |
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PFC Associates New Injury Questionnaire (version 102799)

| Security Number: | Name: | | | Date: |
|---|---|---|--|-----------------------------|
| f Injury: | EMS) 🗆 USSS/UD 🗆 USP | P 🗆 Other: | | |
| er to provide us with the best poss | ible evaluation and care, plea | ase complete the follo | wing questionnaire: | |
| | | - | , | |
| What area(s) of your body did y | ou injure? | | • | |
| Select from the following list hold Lifting Fall to Same Level Fall to Other Level Struck Against (e.g. building) | ow the injury happened (indic Inhaled Dust Fumes or Ga Inhalation (Smoke, Chem Contact or exposure to He Motor Vehicle Accident | ical, etc.) eat/Fire or Cold Objects | n Animal/Insect Blood-borne P Other (details): | nvolved athogen Exposure |
| | | | | |
| Where did the injury happen? | (e.g. at station, during fire, du | | | |
| Did this injury occur at work? | | 5. Have you | worked since this inju- | ry? - Yes - No |
| If ves, what kind of work? | | | worked on full duty: | |
| What kind of care have you so | ought so far? (including privat | e doctor, etc.) Do to | reatment of Treatment | as ionows. |
| Have you had a problem like | | | | |
| | | | · · · · · · · · · · · · · · · · · · · | |
| On the graph place a line whi | ch indicates your level of pain | 0 5 | 10 | |
| On the picture of the body, pl | ease shade in areas that you e | xperience pain: | | |
| | | | - | |
| AA | | | | |
| What medications are you comedications): | urrently taking? (including do | sage, frequency, who | prescribed; including | over-the-counter |
| | | | | |
| Is this injury pending litigat | on? - Yes - No | - | | . • |
| ave fully read, understood and co | mpleted the above form. I co | ertify that the inform | ition I have provided i | true and correc |
| e best of my knowledge and recoll | ection. | | • | |

| DOB: _ | | Was | hington, l | DC 20017 | *** |
|--------|---|------------|------------|---|--|
| · · | PAST MEDICAL HISTORY: Chec | k any of t | he follow | ing conditions that you have now or have ever had: | · |
| HEAD | Injury Loss of Consciousness Seizure Dizziness Fainting Chronic Headache Migraines | YES | NO | CARDIOVASCULAR Chest pain Heart Attack Palpitations Irregular Heart Beat High Blood Pressure Stroke Heart murmur | YES |
| EARS | Injury Ringing Decreased Hearing Hearing Loss Ruptured Ear Drum | YES | NO | DIABETES THYROID DISORDER CANCER BLEEDING DISORDER ANEMIA | YES |
| EYES | Injury Double vision Blurred vision Glasses Contacts Decreased Far Vision Decreased Near Vision Vision in One Eye Color Vision Disorder | YES | NO | PULMONARY DISORDERS Asthma Shortness of Breath Lung disease/(problems) NOSE DISORDERS Injury Chronic Nose Bleeds SINUS DISORDERS Allergies | YES |
| THROAT | Injury Chronic Sore Throats Injury Masses | YES | NO | ABDOMEN Chronic Abdominal Pain Bowel Problems Hepatitis Hemia | YES |
| MUSCU | LOSKELETAL Joint Pain Muscle Weakness Arthritis Back Injury or Pain Back Surgery Herniated disk | YES | NO | KIDNEY Injury Bladder Disorders Kidney Disorders - | YES ———————————————————————————————————— |
| FRACTL | IRES OR INJURY Shoulder Elbow Wrist Hand Fingers Hip Knee Ankle Foot Other Joint | YES | NO | MENTAL Memory Loss Depression Phobias Suicidal Homicidal Anxiety Posttraumatic Stress Disorder NEUROLOGICAL Tremors Numbness Confusion r and Answer Questions | YES |

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DISCLOSURE AND RELEASE FORM FOR FITNESS FOR DUTY EVALUATION

920 Varnum Street, NE Washington, DC 20017 (202) 269-7400 Fax: (202) 269-7827

| Last Name: | | | First Name: | · | | Initial: | |
|--------------------------|------------|----------|-----------------|---------------|---------|----------|---------------|
| Social Security Number: | | | | Birth Date: | • | | . |
| Agency Employed By: | | • | | Rank: | | | : |
| Contact Telephone: (Day) | | | (Night) | | | 7 | |
| The Fitness for Duty I | Evaluation | Process: | The Medical and | l Psychologic | al Fitr | ness for | Duty |

The Fitness for Duty Evaluation Process: The Medical and Psychological Fitness for Duty Evaluations are only one part of a process that your employing agency uses to determine your suitability to return to work. Agency representatives will use the data and recommendations from this evaluation together with other personnel and administrative records to determine whether you meet the standards of the Agency.

The Purpose of the Fitness for Duty Evaluation: Medical and Psychological Fitness for Duty Evaluations are used to determine if a member is medically and psychologically fit for duty. PFC uses a model which considers the agency's concerns and an individual's explanation of events in conjunction with professional medical and psychological assessment.

The Psychological Fitness for Duty Evaluation is intended to assess personality traits and characteristics (including, but not limited to, judgement, problem solving, learning, etc.), which have been judged to be essential for successful performance in the examinee's current position.

The psychological evaluation is designed to rule out the presence of job-relevant psychological problems, though it is not designed or intended to diagnose a mental disorder. The evaluation will require the administration of standardized questionnaires that ask you to answer questions which are medical in nature. You will be asked questions about: past or present psychological, psychiatric or substance abuse treatment; the use of any medications to treat medical and psychological problems; frequency of illegal drug use/abuse; frequency of alcohol use/abuse; or any other issues which the psychologist performing the evaluation believes necessary in order to determine your fitness for duty in your position with your agency.

You have the right to terminate this process at any time and to take up the issue of your fitness for duty directly with your agency.

<u>Confidentiality</u>: The physician and psychologist conducting the medical and psychological evaluations are paid consultants to the agency requesting the evaluation. The information and recommendations resulting from this evaluation will be shared with your employer for the purpose of the agency determining your fitness for duty. Exceptions to confidentiality may be required by law. Employee records are handled in accordance with the Comprehensive Merit Personnel Act and District Personnel Regulations.

(Please turn over)

Fitness for Duty Statement of Understanding and Legal Release:

I understand and agree to participate in this medical evaluation, urine drug screening, and psychological evaluation as part of the Fitness for Duty Evaluation process for my employment. I am aware that the purpose of this evaluation is to provide information to the agency about my suitability for working in the position for which I am employed. I understand that the psychological assessment is not intended as counseling, nor is it to obtain information for my use. I further understand that since the employing entity is the client of the Police and Fire Clinic and the National Rehabilitation Hospital, all data and the report resulting from this evaluation belongs to the agency.

Accordingly, in consideration of professional services rendered, I walve any right to receive any information directly from the physician or psychologist conducting this examination, including test results, interpretations made, and access made to the original data from which the final recommendations have been made, however, this information shall be released to the employing agency or to a qualified professional upon the written request of the employing agency. The employing agency or qualified professional may disclose this information to you through a qualified professional upon your written request.

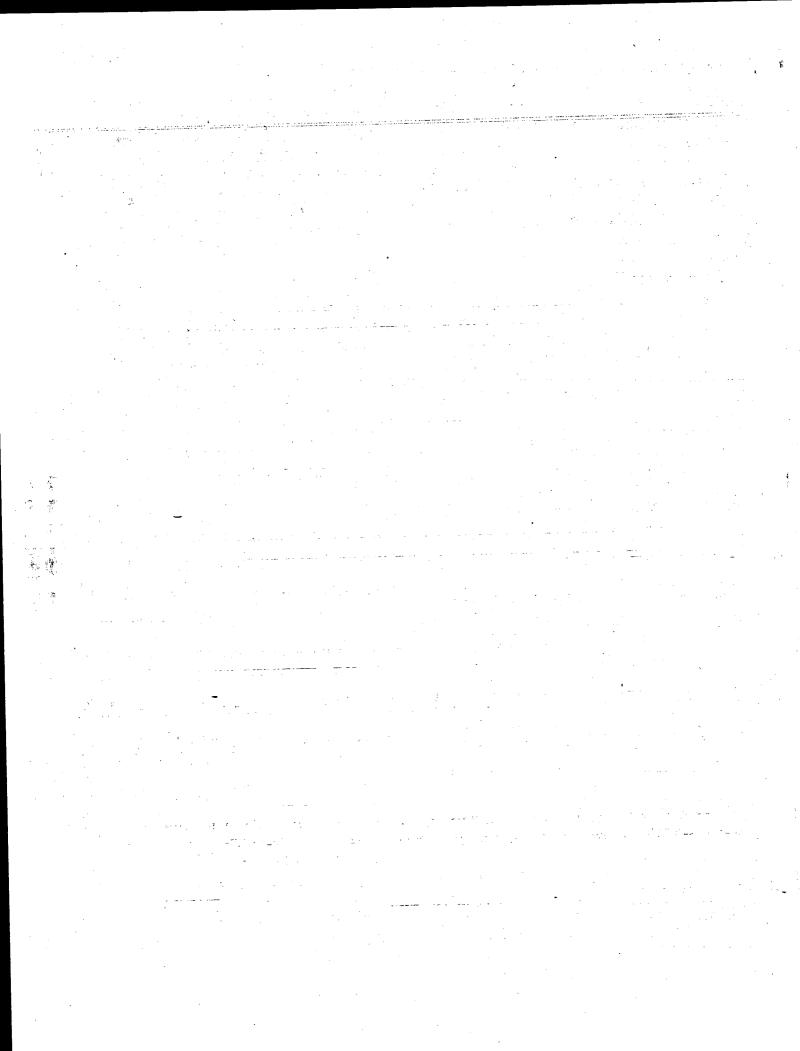
| Signature: Date: |
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| I understand that some or all of the information and questionnaire data I provide may be used for purposes of research concerning recruitment, selection, and long-term performance of police and public safety officers. All information used for research purposes will be kept anonymous. However, this anonymity does not extend to any admissions covered by state-mandated reporting laws. |
| I hereby authorize the PFC and National Rehabilitation Hospital to utilize any and all prior medical and psychological evaluations and personal history data, reports, or communications from the employing agency (the client) as part of this current evaluation. This release to utilize prior medical and psychological information during the current evaluation is valid for one year from the date signed below. |
| Signature: Date: |
| DO NOT WRITE BELOW THIS LINE UNTIL AFTER MEETING WITH THE APPROPRIATE PROVIDER |
| I have read, understand, and voluntarily agree to all conditions and terms of this release form. |
| I have also discussed this release with the examining psychologist and have had the opportunity to ask any questions I might have. |
| Signature: Date: |
| I have had the opportunity to discuss this evaluation with the evaluating PFC physician. |
| Signature:Date: |

Fitness for Duty Statement of Understanding and Legal Release:

I understand and agree to participate in this medical evaluation, urine drug screening, and psychological evaluation as part of the Fitness for Duty Evaluation process for my employment. I am aware that the purpose of this evaluation is to provide information to the agency about my suitability for working in the position for which I am employed. I understand that the psychological assessment is not intended as counseling, nor is it to obtain information for my use. I further understand that since the employing entity is the client of the Police and Fire Clinic and the National Rehabilitation Hospital, all data and the report resulting from this evaluation belongs to the agency.

Accordingly, in consideration of professional services rendered, I waive any right to receive any information directly from the physician or psychologist conducting this examination, including test results, interpretations made, and access made to the original data from which the final recommendations have been made, however, this information shall be released to the employing agency or to a qualified professional upon the written request of the employing agency. The employing agency or qualified professional may disclose this information to you through a qualified professional upon your written request.

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| onnaire data I provide may be used nd long-term performance of police purposes will be kept anonymous. overed by state-mandated reporting |
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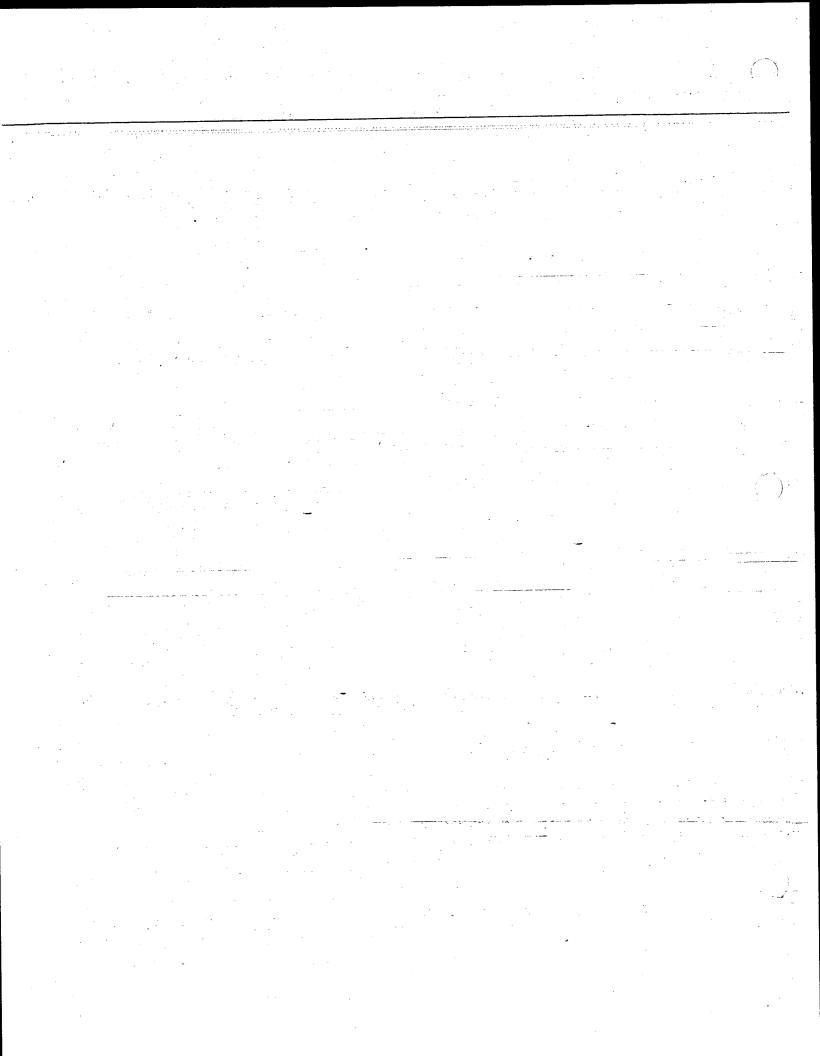
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POLICE AND FIRE CLINIC FITNESS FOR DUTY EVALUATION FORM © 022498

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| FAGE 1: REVIEW | | | | | |
| eview of Supervisor For | m/Question(s): | • | <u> </u> | | <u></u> |
| Consent Obtained: | | □ Ycs □ No | | | San Bura Vers |
| EXCEPTE VALUE TION | (PLANATION/PAST | MEDICAL HISTORY | | | |
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| VIENTAL STATES | - | ☐ Inappropriate | | | |
| Appearance and Behavior | ☐ Appropriate | | | | · |
| Orientation (Alertx3) | ☐ Yes | □ No | | | |
| Affect | ☐ Appropriate | ☐ Inappropriate | | | · |
| Speech | □ Normal | ☐ Abnormal | | | |
| Content of Thought | □ Normal | ☐ Abnormal | | | |
| Hallucinations | ☐ Present | ☐ Absent | | | |
| Mood | □ Normal | ☐ Abnormal | | | |
| Neurovegative signs | ☐ Present | ☐ Absent | | | |
| Suicidal Idention | ☐ Present | ☐ Absent | | | |
| Homicidal Ideation | ☐ Present | ☐ Ahsent | | | |
| | ☐ Present | □ Absent | | | |
| Inxiety | □ Normal | □ Abnormal | • | | |
| Cognitive Function | ☐ Adequate | ☐ Impaired | | | |
| Insight/Judgement | L. Anequate | | | • | |

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| Result of On-Site (TRIAGE) drug testing: Negative Positive for: | |
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| Other Labs ordered : | |
| Other Labs ordered: | |
| Other Labs ordered : | Date of Determination: |
| Dther Labs ordered: TACE TO DUTY: Fit for Duty: Gay return to work: Immediately Other: | Date of Determination:Provider Initials: |
| Dther Labs ordered: TACE TO DETERMINATION Fit for Duty: Fit for Duty: Limited Duty, as follows: | Date of Determination: Provider Initials: Date of Determination: |
| Dther Labs ordered: TACK PROPERATION Fit for Duty: | Date of Determination: Provider Initials: Date of Determination: Provider Initials: |
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| esult of On-Site (TRIAGE) d | irug testing : Negative | Positive for: | | |
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| METERMINATION | | | | |
| it for Duty: □ Full Duty y return to work: □ Immediately | ☐ Limited Duty, as follows: ☐ Other: | | | Date of Determination: Provider Initials: |
| Deferred, pending (eg. Psychological): | | | | Date of Determination: |
| ails of pending evaluation (Consultant | name/date/time): | | | Provider Initials: |
| Sat Fit for Duty: | | | | Date of Determination: Provider initials: |
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ATTACHMENT J.19 SAMPLE MONTHLY REPORTS

OCTOBER 19, 2001 STATUS REPORT ON NON-FULL DUTY MPDC MEMBERS DETAILED, ASSIGNED OR TRANSFERRED TO THE MEDICAL SERVICES DIVISION EFFECTIVE AUGUST 26, 2001

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| | | | - | ANITA | | | | - | | MICHAEL | | | | | | | HOWARD | • | | | | | | | | Cesar | NAME | FIRST |
| | | | | 07/31/78 | .3 | | | ı | 4. | 05/18/75 | 'n | | | | | | 04/18/83 | | | | | | | | | 02/02/75 | | DOA |
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| | | | and Major Depression. | Acute Reaction to Stress | | | | | | Acute reaction to Stress. | | | | : | | | Acute Stress Disorder. | | | | | | | | | Shoulder Injury. | | INJURY |
| | | .: | | 710 | | | | | | 503 | . 4 | | | | | | 250 | | | | | | | | , | 248 | DAYS | NFD |
| end of 10/2001. | preparation, and will be forwarded to | retirement report for this member is in | effective 8/26/2001. A disability | This member was assigned to the MSD | end of 10/2001. | the Director, Human Services by the | preparation, and will be forwarded to | retirement report for this member is in | effective 8/26/2001. A disability | This member was assigned to the MSD | resolved. | consent" - the member's objection was | member refused to sign "informed | 10/25/2001. At 0/12/2001 appointment | ("FFD") will be completed on | effective 8/26/2001.Fitness for Duty | This member was assigned to the MSD | guarded. | his prognosis for return to full duty is | He has just completed knee surgery and | Division ("MSD") effective 8/26/2001. | was assigned to the Medical Services | the Recruiting Division. This member | has decided to transfer this member to | the Director, Human Services ("DHS") | Advised on 9/12/2001 by Lt. Ford that | | STATUS/COMMENTS |

OCTOBER 19, 2001 REPORT ON THE STATUS OF MEMBERS ON LONG TERM (>365 days) SICK LEAVE

(NFD Days = 5 days per work week as function of 5/7's calculation initiated as of the /23/01 report; count is as of Friday, October 19, 2001)

| | Chronic neck and back pain. PTSD Pack injury. | , Y Y | 1229 1187 1119 | CRID ER6D | 01/10/8 3 07/16/8 9 | Mary Tyler Bobby | Davis Moore Brown |
|---|---|-----------|----------------------|--------------|------------------------------|------------------|-------------------------|
| OPR advised me on 8/24/2001 that this case should be closed by the end of the first week of | Back and shoulder injury. | Y | 1312 | CLD | 12/13/8 1 | Jane | Alexander |
| Retired. The Retirement Board (RB) has not issued its order. | Neck and shoulder injury. | Ą | 1356 | CR3D | 03/28/8 8 | Harrison | Ford |
| Status/Comment | Original Injury | YN EOD | NPD Days | wiement | poa | First Name | Last Name |

